

Most People

拍數: 48 牆數: 1 級數: Improver
編舞者: Gail Craddock (USA) - March 2018
音樂: Most People Are Good - Luke Bryan



#16 count intro - Re-start after 40 counts of 2nd time through

ROCK&CROSS,ROCK&CROSS,WEAVE TO RIGHT, ROCK&CROSS

1&2 R rock to side,recover weight on L,R cross over L
3&4 L rock to side,recover weight on R,L cross over R
5&6& R step to side, Left step behind R,R step to side, L cross over R
7&8 R rock to side,recover weight on L,R cross over L

ROCK&CROSS,ROCK&CROSS,WEAVE TO THE LEFT,ROCK,STEP1/4TURN,STEP

1&2 L rock to side,recover weight on R,L cross over R
3&4 R rock to side,recover weight on L,R cross over L
5&6& L step to side,R step behind L, L step to side, R cross over L
7&8 L rock to side, turn ¼ to right and recover weight on R, L step next to R (3:00)

FORWARD LOCKSTEP,SIDE TRIPLE, ROCK,STEP1/4TURN,STEP,FORWARD LOCKSTEP(*)

1&2 R step forward, lock L behind R,R step forward
3&4 L step to side, R step next to L,L step to the side
5&6 R rock forward, turn ¼ to right and recover weight on L, R step to side (6:00)
7&8 L step forward, lock R behind L,L step forward

FORWARD LOCKSTEP,SIDE TRIPLE, ROCK,STEP1/4TURN,STEP,FORWARD LOCKSTEP(*)

1&2 R step forward, lock L behind R,R step forward
3&4 L step to side, R step next to L, L step to the side
5&6 R rock forward, turn ¼ to right and recover weight on L, R step to side (9:00)
7&8 L step forward, lock R behind L,L step forward

ROCK & ROCK & RUN-RUN-RUN, ROCK & ROCK & 1/4TURN, STEP, CROSS

1&2& R rock forward, recover weight on L,R rock back, recover weight on L (right rocking chair)
3&4 With weight on balls of feet, step R,L,R
5&6& L rock forward, recover weight on R,L rock back, recover weight on R (left rocking chair)
7&8 L step forward and turn ¼ to right, R step to side, L cross over R (12:00)

Re-start is here second time through dance.

SIDE,TOGETHER,FORWARD,SIDE,TOGETHER,BACK,BACK,TOUCH,BACK,TOUCH, FORWARD, TOUCH, FORWARD, TOUCH

1&2& R step to side,L step next to R,R step forward,L touch toe next to R
3&4& L step to side,R step next to L,L step back,R touch toe next to L (rhumba box)
5&6& R step right diag.back, L touch toe next to R,L step left diag. back, R touch toe next to L
(backward & reverse)
7&8& R step right diag,forward,L touch toe next to R,L step left diag. forward, R touch toe next to L
K-step!)

START OVER!!

(*) Instead of locksteps, you can just do triple steps if you wish!

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