

I Hate Love Songs

拍數: 96 牆數: 2 級數: High Intermediate
編舞者: Rachael McEnaney (USA) & Brenna Stith (USA) - March 2018
音樂: I Hate Love Songs - Kelsea Ballerini : (iTunes & other mp3 sites)



Count In: 48 counts from start of track, begin on vocals. Approx 180 bpm.

Notes: 2 Restarts : Wall 2 after 48 counts Restart facing 6.00, wall 5 after 57 counts – add step forward L with hold then Restart facing 12.00.

[1 – 12] R twinkle, L cross, R sweep - repeat

123 456 Step R forward and across L (1), step L to left side (2), step R to right diagonal (3), Cross L over R (4), sweep R (5,6) 12.00

123 456 Repeat above 6 counts 12.00

[13 – 24] R cross, ¼ R back L, R close, L back, ½ R fwd R, L close, R fwd, L slide, L touch, L back, R slide, R hook

1 2 3 Cross R over L (1), make ¼ turn right stepping back L (2), step R next to L (3) 3.00

4 5 6 Step back L (4), make ½ turn right stepping forward R (5), step L next to R (6) 9.00

123 456 Step forward R (1), slide L towards R (2), touch L next to R (3), step back L (4), slide R towards L (5), hook R in front of L shin (6) 9.00

[25 – 36] R cross, L point, hold, L back, R point, hold, R twinkle ¼ turn, L fwd, ¾ turn R hitching R knee

123 456 Cross R over L (1), point L to left side (2), hold (3), step L back slightly behind R (4), point R to right side (5), hold (6) 9.00

1 2 3 Step R forward and across L (1), step L to left side (2), make ¼ turn right stepping forward R (3) 12.00

4 5 6 Step forward L (4), begin making ¾ turn right on ball of L as you hitch R knee (5), complete ¾ turn right (6) 9.00

[37 – 48] R side swaying R, L point, hold, ¼ L fwd, ½ L hitching R, R back, L slide, hold, L coaster

1 2 3 Step R to right side swaying body right (1), point L to left side (2), hold (3) 9.00

4 5 6 Make ¼ turn left stepping forward L (4), begin making ½ turn left on ball of L as you hitch R knee (5), complete 1/2 turn left (6) 12.00

123 456 Take big step back R (1), slide L towards R (2), hold (3), step back L (4), step R next to L (5), step forward L (6) 12.00

Restart - Restart the dance here during the 2nd wall. 2nd wall begins facing 6.00 and you will restart facing 6.00

[49 – 60] Slow walks forward R-L R fwd, L fwd, ¼ pivot R, L cross rock (with back hook), hold

123 456 Step R forward (1), slide L towards R (2,3), step L forward (4), slide R towards L (5,6) 12.00

1 2 3 Step forward R (1), step forward L (2), pivot ¼ turn right (weight ends R)* (3) 3.00

4 5 6 Cross rock L over R (4), raise R foot up behind L (knee bent like a hook or flick back) (5), hold (6) 3.00

Restart/Tag: The 5th wall begins facing 6.00 dance up to count 56, on count 57 (see * above) make ½ turn right (instead of ¼), step forward L (4), hold (5,6) then Restart the dance facing 12.00

[61 – 72] Recover R with L sweep, L behind, R side, L cross, R side, L slide, L side, R slide

123 456 Recover weight R as you sweep L (1), continue L sweep (2,3), cross L behind R (4), step R to right side (5), cross L over R (6) 3.00

123 456 Take big step R to right side (1), slide L towards R (2,3), take a big step L to left side (4), slide R towards L (5,6) 3.00

[73 – 84] Diamond fallaway, R forward, hold, 3/8 turn right stepping back L, ½ turn R stepping fwd R, sweep L

1 2 3 Step R forward and across L (1), step L to left side (2), make 1/8 turn right stepping back R (3) 4.30
4 5 6 Step L back (4), make 1/8 turn right stepping R to right side (5), make 1/8 turn right stepping forward L (6) 7.30
1 2 3 Step forward R (1), hold (begin turning right) (2), make 3/8 turn right stepping back L (3) 12.00
4 5 6 Make ½ turn right stepping forward R (4), sweep L (5,6) 6.00

[85 – 96] 1/8 turn right fwd L, R leg raise/kick, R back, hold, 1/8 turn L side, R cross, unwind full turn L, L side

1 2 3 Make 1/8 turn right stepping forward L (1), raise R leg for a kick forward (2,3) 7.30
4 5 6 Step back R (4), hold (5), make 1/8 turn left stepping L to left side (6) 6.00
123 456 Cross R over L (1), unwind full turn left on ball of R (2,3), take big step L to left side (4), slide R towards L (5,6) 6.00

START AGAIN - HAVE FUN

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