

# Sixteen

拍數: 32      牆數: 4      級數: Improver  
編舞者: Christina Masone (USA) - February 2017  
音樂: Sixteen - Thomas Rhett



## Dance Starts on Vocals

### [1-8] 2 WALKS, ANCHOR, 2 SAILOR SHUFFLES

- 1,2      Walk forward R, walk forward L
- 3      Angle your body to face right diagonal and step ball of R behind L
- &4      Replace weight onto L, straighten body forward and take small step back on R
- 5&6      Cross L behind R, small step to right on R, step L to left side
- 7&8      Cross R behind L, small step to left on L, step R to right side

### [9-16] CROSS L BEHIND R, UNWIND $\frac{3}{4}$ TURN, SHUFFLE, 2 STEP TOUCHES

- 1,2      Cross L toe behind, unwind  $\frac{3}{4}$  to left ending with weight on L (3:00)
- 3&4      Step forward R, step L next to R, step forward R
- 5,6      Step forward and diagonal left on L, touch R next to L
- 7,8      Step forward and diagonal right on R, touch L next to R

### [17-24] SIDE ROCK, $\frac{1}{4}$ TURN ROCK BACK, SHUFFLE, $\frac{1}{4}$ CHASSE RIGHT

- 1,2      Rock left side on L, recover on R starting  $\frac{1}{4}$  turn to the left
- 3,4      Complete  $\frac{1}{4}$  turn left rocking back on L, recover on R (12:00)
- 5&6      Step forward L, step R next to L, step forward L
- 7&8      Turn  $\frac{1}{4}$  left and step R to right side, step L next to R, step R to right side (9:00)

### [25-32] ROCK BEHIND, KICK BALL CROSS, DOUBLE HIP BUMP L, ROCK BEHIND

- 1,2      Cross rock L behind R, recover onto R
- 3&4      Kick L forward, step back on ball of L, cross R over L
- 5&6      Double bump hips to left (L-R-L)
- 7,8      Rock R behind L, replace weight onto L

### Tag at end of wall 6 (6:00): 4 count "ROCKING CHAIR"

- 1-4      Rock forward on R, recover onto L, rock back on R, recover onto L

For more details, contact Lyndy by email at [Dantsman@aol.com](mailto:Dantsman@aol.com)  
Or go to [LyndysCountry.com](http://LyndysCountry.com)