

# You Make Me Feel

COPPERKNOB  
STEPSHEETS

拍數: 64      牆數: 2      級數: Phrased Intermediate  
編舞者: Rhoda Lai (CAN) - March 2018  
音樂: Make Me Feel - Janelle Monáe : (3:15)



(Special Thanks to Louis St. George for the clean version)

Intro: 16 counts - Sequence: AAB, AAB, AAB, Tag, AA

Notes: B happens only facing 12:00

## A(32)

### SA1: L Heel Twists L R L R L, R Ball-cross, R Monterey ½ R

1234      Twist L heel to L putting weight on L, twist L heel to R recovering weight on R, repeat 1, 2  
56&      Twist L heel to L, step on the ball of R beside L, cross L over R  
78      Point R to R side, drag and step R beside L while turning ½ R (6:00)

### SA2: L Kick-and-touch, R Side, L Behind, (¼ L Heel Bounce) x3, R Kick, R Together

1&2      Kick L to L diagonal, step L in place, touch R behind L  
34      Step R to R side, tuck L behind R  
567      (Bounce both heels with ¼ L) X 3 (9:00)  
8&      Kick R forward, step R beside L

### SA3: Hip Rolls Forward L R, L Rocking Chair, L Forward, ½ L Hitch R

12      Touch L toes forward rolling L hips counter-clockwise, step L in place  
34      Touch R toes forward rolling R hips clockwise, step R in place  
5&6&      Rock forward L, recover onto R, rock back L, recover onto R  
78      Step forward L, ½ L hitch R (3:00)

### SA4: R Big Step Back-drag L, L Ball, R Cross Shuffle, ¼ L, ¼ L, ¼ L, R Side

12      Take a big step back on R, drag L heel towards R  
&3&4      Step on the ball of L beside R, cross R over L, step L to L side, cross R over L  
56      ¼ L stepping forward L, ¼ L stepping back R (9:00)  
78      ¼ L stepping forward L, step R to R side (6:00)

## B(32)

### SB1: L Side-behind-side, R Cross, ¾ R, L Forward-pivot ¼ R

12&3      Step L to L side, step R behind L, step L to L side, cross R over L  
4a5      Start turning ¼ R stepping back L while lifting R, continue lifting R for another ½ R  
678      Finish the turn by stepping forward R, step forward L, pivot ¼ R (12:00)

### SB2: L Cross-side-behind, ¼ R, Hold, L Forward-sweep, R Jazz Box ¼ R

12&3      Cross L over R, step R to R side, step L behind R, ¼ R stepping forward R,  
4a5      hold, step forward L, sweep R from back to front (3:00)  
678      Cross R over L, ¼ R stepping back L, step R to R side (6:00)

### SB3: L Cross-recover-and-R Cross, Hold, ¾ R, L Forward-pivot ¼ R

12&3      Cross L, recover onto R, step L beside R, cross R over L  
4a5      Start turning ¼ R, stepping back L while lifting R, continue lifting R for another ½ R  
678      Finish the turn by stepping forward R, step forward L, pivot ¼ R (6:00)

### SB4: L Cross-side-close, R Cross unwind ½ L, R Shoulder shrugs

123      Cross L over R, step R to R side, step L beside R  
456      Cross R over L, unwind ½ L (weight on R), hold (12:00)

7 8 R shoulder shrug X 2

**Note:** Try to hit the accents of the music and not to strictly follow the counting in S1-3 of B. It is easier that way!

At the end of the 3rd B (facing 12:00), add this Tag: 1234: hold for 4 counts

Contact: rhoda\_eddie@yahoo.ca - 1(647) 295-3833 - [www.laidance.net](http://www.laidance.net)

Last Site Update – 23rd March 2018

---