

The River (P)

拍數: 48 牆數: 0 級數: Improver Partner / Circle
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音樂: The River - The Pine Box Boys



Info: intro - 32 counts

Man inside circle, Lady outside, facing eachother, hold RPalms at shoulder height, Man and Lady dance same steps

S1: Shuffles RF, LF, RF, LF making ½ circle Right

1&2 RF step diagonal left forward, Lf step beside RF, RF step forward (Start ½ circle right)
3&4 LF step forward, RF step beside LF, LF step forward
5&6 RF step forward, Lf step beside RF, RF step forward
7&8 LF step forward, RF step beside LF, LF step forward (end ½ circle right)

Man now outside circle, Lady inside, facing eachother, release RPalms

S2: Hip Bumps R, R, L, L, Hip Rolls R, L, R, L

1&2 RF step and bump hips right, return hips, bump hips right
3&4 bump hips left, return hips, bump hips left
5-6 roll hips forward from left to right, roll backward from right to left
7-8 roll hips forward from left to right, roll backward from right to left

S3: Weave Right, ¼ Right, Touch and click, ½ Left, Scuff

1-2 RF step right side, LF cross behind RF
3-4 RF step right side, LF cross before RF
5-6 ¼ right RF step forward, LF touch beside RF (click RFingers)

Man now LOD, Lady RLOD

7-8 ½ left LF step forward, RF scuff forward

Man now RLOD, Lady LOD

S4: Jumping Cross Rocksteps R, L, R

1-2 RF cross before LF, recover on LF kicking RF forward
3-4-5 RF step right side, LF cross before RF, recover on RF kicking LF forward
6-7-8 LF step left side, RF cross before LF, recover on LF kicking RF forward

(Do this 8 counts jumping)

Easy option: dance the rocksteps without jumping and kicking

S5: Shimmy Right, Shimmy Diagonal Right

1-2 RF step right and shake shoulders and hips right, shake shoulders and hips right
3-4 LF step beside RF, hold

Man RLOD, Lady LOD now facing eachother

5-6 RF step diagonal right and shake shoulders and hips right, shake shoulders and hips right
7-8 LF step beside RF, hold

Man now inside circle, Lady outside, facing eachother

S6: Clap, Fist, Step Right, Close, Step Right, Close, Clap Fist

1-2 Clap RHands from right to left, touch RFists
3-4 RF step right side, LF step beside RF
5-6 RF step right side, LF step beside RF
7-8 Clap RHands from right to left, touch RFists with next partner to the right

Note: if you don't want to change partners, do following steps on counts 3-6
RF step right, LF stomp beside, LF step left, RF stomp beside

