The River (P)

拍數: 48

級數: Improver Partner / Circle

編舞者: Arne Stakkestad (BEL) - March 2018

音樂: The River - The Pine Box Boys

same steps

S1: Shuffles RF, LF, RF, LF making ½ circle Right RF step diagonal left forward, Lf step beside RF, RF step forward (Start ½ circle right) 1&2 3&4 LF step forward, RF step beside LF, LF step forward 5&6 RF step forward, Lf step beside RF, RF step forward LF step forward, RF step beside LF, LF step forward (end ½ circle right) 7&8 Man now outside circle, Lady inside, facing eachother, release RPalms S2: Hip Bumps R, R, L, L, Hip Rolls R, L, R, L 1&2 RF step and bump hips right, return hips, bump hips right 3&4 bump hips left, return hips, bump hips left 5-6 roll hips forward from left to right, roll backward from right to left 7-8 roll hips forward from left to right, roll backward from right to left S3: Weave Right, ¼ Right, Touch and click, ½ Left, Scuff RF step right side, LF cross behind RF 1-2 3-4 RF step right side, LF cross before RF 5-6 1/4 right RF step forward, LF touch beside RF (click RFingers) Man now LOD, Lady RLOD 7-8 1/2 left LF step forward, RF scuff forward Man now RLOD, Lady LOD S4: Jumping Cross Rocksteps R, L, R 1-2 RF cross before LF, recover on LF kicking RF forward 3-4-5 RF step right side, LF cross before RF, recover on RF kicking LF forward 6-7-8 LF step left side, RF cross before LF, recover on LF kicking RF forward (Do this 8 counts iumpina) Easy option: dance the rocksteps without jumping and kicking S5: Shimmy Right, Shimmy Diagonal Right 1-2 RF step right and shake shoulders and hips right, shake shoulders and hips right 3-4 LF step beside RF, hold Man RLOD, Lady LOD now facing eachother 5-6 RF step diagonal right and shake shoulders and hips right, shake shoulders and hips right 7-8 LF step beside RF, hold Man now inside circle, Lady outside, facing eachother S6: Clap, Fist, Step Right, Close, Step Right, Close, Clap Fist 1-2 Clap RHands from right to left, touch RFists 3-4 RF step right side, LF step beside RF 5-6 RF step right side, LF step beside RF 7-8 Clap RHands from right to left, touch RFists with next partner to the right Note: if you don't want to change partners, do following steps on counts 3-6 RF step right, LF stomp beside, LF step left, RF stomp beside

Man inside circle, Lady outside, facing eachother, hold RPalms at shoulder height, Man and Lady dance





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