

On The Move

拍數: 40 牆數: 4 級數: Improver
編舞者: Tracy Walters (CAN) - March 2018
音樂: You're Easy On the Eyes - Terri Clark



Also: "I Can Love You Better" by the Dixie Chicks,
Or: "Movin' On" by the Rankins

Shuffle-Steps with a Jazz Box

- 1&2. Shuffle-step forward (step right foot forward, step left foot next to right foot, step right foot forward)
- 3&4. Shuffle-step forward (step left foot forward, step right foot next to left foot, step left foot forward)
5. Step right foot across left foot
6. Step left foot back
7. Step right foot forward, making a ¼ turn to the right
8. Step left foot next to right foot

Charlestons

9. Step right foot forward
10. Kick left foot forward and clap
11. Step left foot back
12. Tap right toes back and clap
- 13-16. Repeat steps 9-12

Right Grapevine with Crossover, Heel and Toe Taps

17. Step right foot to the side
18. Step left foot behind right foot
- &. Step right foot to the side and slightly back
19. Step left foot across right foot
20. Step right foot to the side
- 21,22. Tap left heel forward twice
- 23,24. Tap left toes back twice

Left Grapevine with Crossover, Heel and Toe Taps

25. Step left foot to the side
26. Step right foot behind left foot
- &. Step left foot to the side and slightly back
27. Step right foot across left foot
28. Step left foot to the side
- 29,30. Tap right heel forward twice
- 31,32. Tap right toes back twice

Crossover with ¼ Turn, Crossover, ¼ Turn, Stomps

33. Step right foot forward, making a ¼ turn to the right
34. Tap left toes to the side
35. Step left foot across right foot
36. Tap right toes to the side
37. Step right foot across left foot
38. On ball of right foot, pivot ¼ turn to the right and bring left foot up
39. Stomp left foot
40. Stomp right foot (keep weight on left foot)

Begin Again!
