

Doing The Walk

拍數: 32 牆數: 4 級數: High Improver
編舞者: Pim van Grootel (NL), Jef Camps (BEL) & Roy Verdonk (NL) - March 2018
音樂: Walk of Shame - Eight to the Bar : (Album: Calling All Ickeroos!)



(Intro 32 counts)

Song is available for online purchase on iTunes

S1: ROCK FWD/RECOVER, BALL, WALKS FWD, STEP FWD, BOUNCES ¼ TURN, BALL, WEAVE

1-2& RF rock forward, recover on LF, RF step on ball next to LF
3-4 LF step forward, RF step forward
5-6-7 LF step forward, bounce 1/8 turn R (lifting both heels), bounce 1/8 turn R (lifting both heels)
(3:00)
&8&1 RF close on ball next to LF, LF cross over RF, RF step side, LF cross behind RF

S2: SNAP, BALL, CROSS, SNAP, SIDE ROCK, ¼ RECOVER, STEP FWD, OUT-OUT, BALL-CROSS

2&3-4 Snap fingers (both hands), RF step side on ball, LF cross over RF, snap fingers (both hands)
5-6-7 RF rock side, ¼ turn L & recover on LF, RF step forward (12:00)
&8&1 LF step out, RF step out, LF step on ball next to RF, RF cross over LF

S3: POINT, TOUCH, KICK-BALL-CROSS, ¼ BACK, ¼ SIDE, KNEE & HEAD MOVEMENT

2-3 LF touch side, LF touch next to RF
4&5 LF kick diagonally L-forward, LF step on ball next to RF, RF cross over LF
6-7 ¼ turn R & LF step back, ¼ turn R & RF step side (6:00)
8 Twist L-knee in towards R & look over R shoulder

S4: ¼ FWD, ½ BACK, COASTER STEP, SHORTY GEORGE

1-2 ¼ turn L & LF step forward, ½ turn L & RF step back (9:00)
3&4 LF step back, RF close next to LF, LF step forward
5-6 RF step forward & turn knee out, LF step forward & turn knee out
7-8 RF step forward & turn knee out, LF step forward & turn knee out

Start again and have fun!
