

I Got This

COPPER KNOB
STEPPED METS

拍數: 24 牆數: 2 級數: Beginner
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音樂: I Got This - Jerrod Niemann : (iTunes)



Intro: 16ct intro

(1-8) FORWARD PRESS HEEL SWITCHES FORWARD PRESS SHUFFLE BACK

1-2 press RF forward – recover on LF
&3&4 step RF next to LF - step LT heel forward – step LF next to RF – step LT heel forward
5-6 press LF forward – recover on RF
7&8 step LF back – step RF next to LF – step LF back (12:00)

(9-16) ROCK RECOVER, KICKBALL CROSS, SHUFFLE RT, SHUFFLE BACK

1-2 rock RF back – recover on LF
3&4 kick RF forward – step RF next to LF – cross LF over RF
5&6 step RF out to RT – step LF next to RF – step RF out to RT
7&8 step LF back – step RF next to LF- step LF back (12:00)

(17-24) ROCK RECOVER, ¼ TURN LT POINT STEP FORWARD, LEFT ¼ TURN JAZZBOX

1-2 step RF back – recover on LF
3-4 point RF out to RT making ¼ turn left – step RF forward (9:00)
5-6 cross LF over RF making ¼ turn left – step RF out to RT
7-8 step LF out to LT – step RF next to LF (6:00)

Any questions contact me @ pistoias@gmail.com have fun enjoy!!!!