

Fuldans? Findans!

COPPERKNOB
BY STEPHEN METZ

拍數: 88 牆數: 2 級數: Phrased Intermediate
編舞者: Tobias Herbertzon (SWE) - March 2018
音樂: Fuldans - Rolandz



This is a dance made to a Swedish song called Fuldans.
Translated it would be "ugly dance". The C part of the dance is from the artists' stage performance.

Intro: It's not much of an intro. Starts on the lyrics!
Tags: 2 tags with four counts hold

Part A: 32 counts

A1: R Chasse Backrock L Chasse Backrock

1 & 2 Step R to R side, step L beside R, Step R to R side
3 4 Rock back on L, recover to R
5 & 6 Step L to L side, step R beside L, Step L to L side
7 8 Rock back on R, recover to L

A2: L Shuffle Turn 1/2 Coaster step Heal x2 + Point x2

1 & 2 Step R to R side while making a 1/4 turn to L, step L beside R, step R back while making a 1/4 turn. Facing 6.00.
3 & 4 Step back on L, step R beside L, step forward L
5 & 6 & Touch R heel forward, step R beside L, touch L heel forward, step L beside R
7 & 8 & Point R to R side, step R beside L, point L to L side, step L beside R

A3: Step Turn Step 1/2 Hold & Clap x2

1 2 3 Step R forward, pivot L 1/2 weight to L, step forward R. Facing 12.00.
4 Hold and clap
1 2 3 Step L forward, pivot R 1/2 weight to R, step forward L. Facing 6.00.
4 Hold and clap

A4: Stomp Toe Fan x2

1 Stomp R foot
2 3 4 R toe to R side, R toe back, R toe a little to the R side and weight to R foot.
1 Stomp L foot
2 3 4 L toe to L side, L toe back, L toe a little to the L side. KEEP WEIGHT ON L FOOT!

Part B: 32 counts

Same as part A but starting on the left foot.

B1: L Chasse Back rock R Chasse Back rock

1 & 2 Step L to L side, step R beside L, Step L to L side
3 4 Rock back on R, recover to L
5 & 6 Step R to R side, step L beside R, Step R to R side
7 8 Rock back on L, recover to R

B2: R Shuffle Turn 1/2 Coasterstep Heal x2 + Point x2

1 & 2 Step L to L side while making a 1/4 turn to R, step R beside L, step L back while making a 1/4 turn. Facing 6.00.
3 & 4 Step back on R, step L beside R, step forward R
5 & 6 & Touch L heel forward, step L beside R, touch R heel forward, step R beside L
7 & 8 & Point L to L side, step L beside R, point R to R side, step R beside L

B3: Step Turn Step 1/2 Hold & Clap x2

1 2 3 Step L forward, pivot L 1/2 weight to R, step forward L. Facing 12.00.
4 Hold and clap
1 2 3 Step R forward, pivot L 1/2 weight to L, step forward R. Facing 6.00.
4 Hold and clap

B4: Stomp Toe Fan x2

1 Stomp L foot
2 3 4 L toe to L side, L toe back, L toe a little to the L side and weight to L foot.
1 Stomp R foot
2 3 4 R toe to R side, R toe back, R toe a little to the R side. KEEP WEIGHT ON R FOOT!

Part C: 24 counts

C1: Bounce Hip Twist Knee

1 2 3 4 Hip to L, hip to R, hip to L, hip to R
5 & 6 & Twist knee together, take knee apart, twist knee together, take knee apart
7 & 8 & Twist knee together, take knee apart, twist knee together, take knee apart

C2: Turn 1/4 L Diagonally Hip Bounce

1 2 3 4 Turn 1/4 L. Facing. 9.00. Roll hip diagonally forward and back x2
5 6 7 8 Roll hip diagonally forward and back x2

C3: Turn 1/4 L Roll Hip Back

1 2 3 4 Step R to R side making a 1/4 turn. Facing 6.00.
5 6 Step R forward, pivot L 1/4 weight to R. Facing 3.00.
7 8 Step R forward, pivot L 1/4 weight to R. Facing 12.00.

A B A B C

TAG

A B A B C

A C

TAG

A B C

Short A

Contact: tobias@tobiasherbertzon.se
