

Exactly Why

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Wil Bos (NL) - February 2018
音樂: Help Me Mama - ZZ Ward : (Album: The Storm)



Intro: 16 counts

S1: Step Together Step x 2, Swivel Heel Right, Center, Left, Center, Lock Step Backwards, Full Triple Turn On The Spot

1&2& RF step right, LF close beside RF, RF step right, LF close beside RF
3& RF & LF swivel right up, RF & LF swivel center down
4& RF & LF swivel left up, RF & LF swivel center down
5&6 RF step back, LF lock in front of RF, RF step back
7&8 LF ½ turn left step on place, RF close beside LF, LF ½ turn left step on place (12.00)

S2: Modified Monterey ¼ R, Behind Side Cross, Monterey ¼ R, Point L x 2 , Slide R

1&2 RF point side, RF ¼ right step beside, LF point side
3&4 LF cross behind RF, RF step R, LF cross over RF
5&6& RF point side, RF ¼ right step beside, LF point side, LF step beside
7&8 RF touch to right, RF touch beside LF cross RF, RF long step R drag LF towards RF

S3: Coaster Step ¼ L, Lockstep, Half Turn x 2, Toe Strut x 2

1&2 LF step back ¼ turn L, RF close beside LF, LF step forward
3&4 RF step forward, LF lock behind RF, RF step forward
5&6 LF step forward, LF & RF ½ turn right, LF step back ½ turn right
7&8& RF step back on toe, RF put heel down, LF step back on toe, LF put heel down,

S4: Coaster Step , Skate x 2, Shuffle ¼ L , Mambo Step

1&2 RF step back, LF close beside RF, RF step forward
3-4 Skate left forward, Skate right forward
5&6 LF ¼ step forward ¼ turn left, RF close beside LF, LF step forward
7&8 RF rock forward, LF recover, RF step beside LF (* restart wall 2 & 5)

S5: Shuffle ½ turn L, Point & Point, Cross Hitch, Coaster Step ¼ Turn L

1&2 RF ¼ right step side, LF step beside, RF ¼ right step forward
3&4& RF point side, RF step beside, LF point side, LF step beside
5&6 RF point side, RF Hitch right knee across left knee, RF step to right Side
7&8 LF step back ¼ turn L, RF close beside LF, LF step forward

S6: Cross Toe Heel, Side Toe Heel, x2, Cross Mambo, Run Run Run 1/2 Turn Right

1&2& RF cross over toe LF, RF cross over heel LF, LF side toe LF, LF side heel LF,
(styling snap fingers left hand)
3&4& RF cross over toe LF, RF cross over heel LF, LF side toe LF, LF Side heel LF,
(styling snap fingers left hand)
5&6 RF cross over LF, recover weight on LF, RF step to right-side
7&8 LF Run 1/2 turn RF, RF, LF

Start again

Restart in wall 2 & 5 after 32 Counts

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