

Flowers on the Wall

拍數: 32 牆數: 4 級數: Improver
編舞者: Tracy Walters (CAN) - March 2018
音樂: Flowers On The Wall - Eric Heatherly



Rock Steps (Mambo Steps)

- 1&2. Step right foot to the side, step in place onto left foot, step right foot next to left foot
3&4. Step left foot to the side, step in place onto right foot, step left foot next to right foot
5&6. Step right foot forward, step in place onto left foot, step right foot next to left foot
7&8. Step back on left foot, step in place onto right foot, step left foot next to right foot

Lock Steps and a Toe Heel Jazz Box

- 9&10&. Step right foot forward, step left foot behind right foot, step right foot forward, brush left foot forward
11&12&. Step left foot forward, step right foot behind left foot, step left foot forward, brush right foot forward
13&14&15&16. Tap right toes across left foot, bring right heel down, tap left toes back, bring left heel down, tap right toes forward, making a ¼ turn to the right, bring right heel down, tap left toes next to right foot, bring left heel down

Grapevines with Crazy Legs

- 17&18&. Step right foot to the side, step left foot behind right foot, step right foot to the side, brush left foot forward
19&20&. Step left foot to the side, step right foot behind left foot, step left foot to the side, making a ¼ turn to the left, brush right foot forward
21&22&23&24. Step right foot across left foot, hold, step left foot across right foot, hold, step right foot across left foot, hold, step left foot across right foot, hold
25-32. Repeat steps 17-24

Begin Again!

Tag (danced only once) - after dancing the steps twice and facing the 3rd wall, do a jazz box in place:

1. Step right foot across left foot
 2. Step left foot back
 3. Step right foot to the side
 4. Step left foot next to right foot
-