

# Country Bumpkin

拍數: 48      牆數: 4      級數: Intermediate  
編舞者: Tracy Walters (CAN) - March 2018  
音樂: I'm from the Country - Tracy Byrd



## Walk Forward and Back

- 1-4.            Take 3 steps forward (right, left, right), stomp left foot  
5-8.            Take 3 steps back (left, right, left), stomp right foot

## Chasse Right and Left

- 9&10&11, 12. Step right foot to the side, step left foot next to right foot, step right foot to the side, step left foot next to right foot, step right foot to the side, tap left heel forward on a diagonal  
13&14&15, 16. Step left foot to the side, step right foot next to left foot, step left foot to the side, step right foot next to left foot, step left foot to the side, Tap right heel forward on a diagonal

## Jump Out, Jump In, Cross, ½ Turn, Hold, Clap

- &17-18.        Step right foot out to side, step left foot to the side, clap  
&19-20.        Step right foot in (back to center), step left foot in (back to center, feet are now together), clap  
21.            Step right foot across left foot  
22.            On balls of feet, make a ½ turn to left  
23.            Hold  
24.            Clap  
  
&25-26.        Step right foot to the side, step left foot to the side (feet are apart), clap  
&27-28.        Step right foot in (back to center), step left foot in (back to center, feet are together), clap  
29.            Step right foot across left foot  
30.            On balls of feet, make a ½ turn to left  
31.            Hold  
32.            Clap

## Shoulder Drops, Hip Circles

- 33&34.        (With hands in front of you, hands in a fist, and elbows at your sides), drop right shoulder, drop left shoulder, drop right shoulder  
35&36.        (With hands in front of you, hands in a fist, and elbows at your sides), drop left shoulder, drop right shoulder, drop left shoulder.  
37-40.        Rotate hips twice from right to left, end with weight on left foot

## Grapevines

41.            Step right foot to the side  
42.            Step left foot behind right foot  
43.            Step right foot to the side  
44.            Stomp left foot next to right foot  
45.            Step left foot the side  
46.            Step right foot behind left foot  
47.            Step left foot to the side, making a ¼ turn to the left  
48.            Stomp right foot next to left foot

## Begin Again!