

Banjo Shuffle

拍數: 32 牆數: 2 級數: Beginner Contra
編舞者: Tracy Walters (CAN) - March 2018
音樂: "I Found Love" by Earl Scruggs – Earl Scruggs and Friends



(Start on vocals)

Kick Forward, Hook, Kick Forward, Kick Back, Triple Step

- 1&2&. Kick right foot forward, hook right foot across left leg, kick right foot forward, kick right foot back
3&4. Triple step in place (right, left, right)
5&6&. Kick left foot forward, hook left foot across right leg, kick left foot forward, kick left foot back
7&8. Triple step in place (left, right, left)

Rock Step, Shuffle Right, Rock Step, Shuffle Left

- 9-10. Step (rock) right foot across left foot, step back in place onto left foot
11&12. Shuffle right (step right foot to the side, step left foot next to right foot, step right foot to the side)
13-14. Step (rock) left foot across right foot, step back in place onto right foot
15&16. Shuffle left (step left foot to the side, step right foot next to left foot, step left foot to the side)

Shuffles Forward

- 17&18. Shuffle forward (step right foot forward, step left foot next to right foot, step right foot forward)
19&20. Shuffle forward (step left foot forward, step right foot next to left foot, step left foot forward)
21-24. Repeat steps 17-20

Right Grapevine with ¼ Turns Right, Grapevine Right

- 25-26 Step right foot to the side, step left foot behind right foot
27-28. Make a ¼ turn to the right and step right foot forward, make a ¼ turn to the right and step on left foot
29-30. Step right foot to the side, step left foot behind left foot
31-32. Step right foot to the side, step left foot next to right foot

Begin Again!
