

My Memories

拍數: 48 牆數: 4 級數: Improver
編舞者: Claire Bell (UK) - March 2018
音樂: The Story of My Life - Barry Kirwan : (Album: New Beginnings)



Intro 16 counts. There are two restarts on walls 3 & 5 and a tag after wall 4.

Section 1: Rock, recover, back, hook, step, brush x3 (T-bone style)

1,2 Rock forward on right, recover weight on left
3,4 Step back on right, hook left across right
5,6 Step forward on left, brush right forward
7,8 Brush right across left, brush right forward

Section 2: Rock, recover, shuffle ¼ turn, cross, side, sailor

1,2 Rock forward on right, recover weight on left
3&4 Step right to right side making ¼ right, step left next to right, step right to right side
5,6 Cross left over right, step right to right side
7&8 Step left behind right, step right to right side, step left to left side

Section 3: Cross, tap, back, side, cross, tap, back, side

1,2 Cross right over left (facing left diagonal), tap left behind right
3&4 Step back on left, step right to right side (straighten body up)
5,6 Cross left over right (facing right diagonal), tap right behind left
7&8 Step back on right, step left to left side (straighten body up)

Section 4: Step forward, together, back, back, back rock, recover, step ¾ pivot

1,2 Step forward on right, step left next to right
3,4 Step back on right, step back on left (option: full turn right)
5,6 Rock back on right, recover weight on left
7,8 Step forward on right, pivot ¾ turn left (weight on left)

*Restart wall 3 and 5

Section 5: Side, behind, side, heel & cross, side, behind, side, heel & cross

1,2& Step right to right side, step left behind right, step right to right side
3&4 Touch left heel forward diagonally, step back slightly on left, cross right over left
5,6& Step left to left side, step right behind, step left to left side
7&8 Touch right heel forward diagonally, step back slightly on right, cross left over right

Section 6: Side, hold, together, side, hold, together, step ¼ turn, step, pivot ½ turn, walk,

1,2& Step right to right side, hold, step left next to right
3,4& Step right to right side, hold, step left next to right
5,6 Step forward on right making ¼ right, step forward on left
7,8 Pivot ½ turn right, step forward on left

*TAG: 8 Count Tag end of wall 4 :- Right rocking chair, pivot ½ turn left, pivot ½ turn left

1,2 Rock forward on right, recover weight on left
3,4 Rock back on right, recover weight on left
5,6 Step forward on right, pivot ½ turn left
7,8 Step forward on right, pivot ½ turn left

Ending on wall 7, at the end of section 2 (counts 7&8) make the sailor step a ¼ turn left to face the front !

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