Make Me Feel

COPPER KNOB

拍數: 64

牆數: 2 級數: Phrased Intermediate

編舞者: Michael Richardson (USA) & Eugene Walls (USA) - March 2018

音樂: Make Me Feel - Janelle Monáe : (Album: Dirty Computer)

NOTE: Clean version of song scheduled to be released on 4/27/2018

Intro – 16 Counts

One Tag on Wall 9 after 28 counts: Hold for 4 counts then complete the dance

Sequence A-A-B-A-A-B-A-A-(B)-A-A

PART A: 32 counts

A[1-8] RIGHT BEHIND BALL STEP, KNEE POP TURN, COASTER, SIDE ROCK TURN	
1-2&3	Step R to right side, Step L behind R, Step R in place, Step L to left side [12:00]
4-5	Bend both knees with heels up, Turn 1/4 right putting heels down (weight on left) [3:00]
6&7	Step R back, Step L next to R, Step R forward [3:00]
8	Rock L to left side turning ¼ right [6:00]

A[9-16] RECOVER, CROSS, HOLD, BALL TURN, ½ PIVOT W/SWEEP, BEHIND/SIDE CROSS, KICK

- 1 Recover R [6:00]
- 2-3 Cross L over R, Hold [6:00]
- &4 Step R to right side, Step L forward turning ¼ right [9:00]
- 5 Pivot ¹/₂ right sweeping R from front to back [3:00]
- 6&7 Step R behind L, Step L to left side, Step R across L dipping both knees[3:00]
- 8 Kick L forward to left diagonal [1:30]

A[17-24] COASTER, ½ PIVOT CHASE, ¾ HINGE TURN WITH CROSS

- 1&2 Step L back, Step R next to L, Step L forward squaring up [12:00]
- 3-4-5 Step R forward, Pivot ½ left, Step R forward (prep)[6:00]
- 6-7-8 Step L backward turning ½ right, Step R forward turning ¼ right, Cross L over R[3:00]

A[25-32] SIDE ROCK/RECOVER/CROSS, KICK/BALL/CROSS, SIDE ROCK/RECOVER, ¾ TURNING SAILOR

- 1&2 Rock R to right side, Recover L, Cross R over L [3:00]
- 3&4 Kick L forward, Step L next to R, Cross R over L [3:00]
- 5-6 Rock L to left side, Recover R[3:00]
- 7&8 ¾ left turning sailor step (LRL)[6:00]

PART B: 32 counts

B[1-8] STEP/DRAG ¼ TURN, STEP FORWARD, ½ TURN, ½ TURN SWEEP, JAZZ SQUARE CROSS

- 1-2 Step R big step to right, Drag L to touch next to R as you turn 1/4 left [9:00]
- 3-4-5 Step L forward, Step R back turning ½ left, Step L forward turning ½ left sweeping R from back to front[9:00]
- 6&7-8 Cross R over L, Step L back, Step R to right side, Cross L over R turning 1/8 right to right diagonal [10:30]

B[9-16] FORWARD STEP/TOUCH, BACK STEP/TOUCH, STEP RIGHT TURNING ¼, BEHIND/SIDE/CROSS, STEP RIGHT

- 1-2 Step R forward to right diagonal, Touch L next to R [10:30]
- 3-4 Step L backward on left diagonal, Touch R next to L [10:30]
- 5 Step R to right side turning ¹/₄ turn left [7:30]
- 6&7 Step L behind R, Step R to right side, Step L cross R [7:30]



Step R to right side [7:30]

[17-24] 1 ¼ GLIDE BOX, CROSS ROCK/RECOVER/STEP

- 1 Slide L back turning ¼ left as you pull R to L [4:30]
- 2 Slide R to right side turning ¼ left as you pull L to R [1:30]
- 3 Slide L back turning ¼ left as you pull R to L [10:30]
- 4 Slide R to right side turning ¼ left as you pull L to R [7:30]
- 5 Slide L back turning ¼ left as you pull R to L [4:30]
- 6&7 Cross rock R over L, Recover L, Step R to R side squaring up [6:00]
- 8 Cross L over R

[25-32] SIDE ROCK/RECOVER/CROSS, STEP LEFT, HITCH, SWIVEL IN/OUT/IN/FORWARD,

- 1-2-3 Rock R to right side, Recover L, Cross R over L [6:00]
- 4 Step L to left side [6:00]

HOLD FOR 4 COUNTS HERE ON WALL 9

- 5 Hitch R turning body toward right diagonal [6:00]
- 6&7 Swivel toward right on both feet with toes in, toes out, toes in [6:00]
- 8 Swivel toes forward (weight on L) [6:00]

Enjoy!

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