

Let's Fool Around

拍數: 64 牆數: 2 級數: Improver
編舞者: Mal Jones (UK) - March 2018
音樂: Foolin' Around - Vince Gill & Paul Franklin : (CD: Bakersfield)



Alt. Tracks - Six Days On The Road or Hillbilly Highway - iTunes or Amazon

(20 counts intro. begin on word 'You've').

S1: RIGHT SIDE, TOUCH, SIDE, TOUCH, SIDE, BEHIND, SIDE, TOUCH.

1 2 3 4 Step right to right side, touch left toe to right instep, left to left side, touch right to left instep (no weight).

5 6 7 8 Right to right side, left behind right, right to right side, touch left to right instep (no weight).

S2: LEFT SIDE, TOUCH, SIDE, TOUCH, SIDE, BEHIND, SIDE, TOUCH.

1 2 3 4 Step left to left side, touch right toe to left instep, right to right side, touch left to left instep (no weight).

5 6 7 8 Left to left side, right behind left, left to left side, touch right to left instep (no weight).

S3: RIGHT SIDE, CLOSE, BACK, HOLD, L.SIDE, CLOSE, BACK, HOLD.

1 2 3 4 Step right to right side, slide left foot to right, back on right and hold for one count.

5 6 7 8 Step left to left side, slide right foot to left, back on left and hold for one count.

S4: WALK BACK RIGHT, HOLD, LEFT, HOLD, BACK COASTER STEP, HOLD.

1 2 3 4 Step back on right, hold for one count, back on left, hold for one count.

5 6 7 8 Back on right, back on left, forward on right, hold for one count.

S5: STEP LOCK STEP, BRUSH RIGHT, STEP LOCK STEP, BRUSH LEFT.

1 2 3 4 Step left to left diagonal, cross and lock right behind, step left diagonal, brush ball of right foot past left.

5 6 7 8 Step right to right diagonal, cross and lock left behind, step right diagonal, brush ball of left foot past right

(no weight).

S6: (JAZZ BOX turning 1/4 with holds).L. CROSS, HOLD, BACK HOLD, ¼ HOLD, SIDE, HOLD.

1 2 3 4 Cross left foot across right, hold for one count, step back onto right making 1/4 turn left, hold for one count,

5 6 7 8 Left to left side, hold for one count. right foot next to left, hold for one count. (9 o'clock)

S7: (SWIVELS) – R. HEELS, TOES, HEELS, HOLD, L.HEELS, TOES, HEELS, HOLD.

1 2 3 4 Twist both heels right, twist both toes right, twist both heels right, hold for one count.

5 6 7 8 Twist both heels left, twist both toes left, twist both heels left, hold for one count.

S8: RIGHT ROCK RECOVER, BEHIND, 1/4, WALK, HOLD, WALK, HOLD.

1 2 3 4 Side rock on right, recover weight on left, step right behind left, making 1/4 turn left, step left.

5 6 7 8 Step forward on right, hold for one count, step forward on left, hold for one count. (6 o'clock)