

The Hump

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Intermediate
編舞者: Doris Ng (MY) - March 2018
音樂: Mama Do the Hump - Rizzle Kicks



Start dance after 32 counts

(1-8) KICK RIGHT TO RIGHT KICK RIGHT FORWARD, HEEL JACKS REPEAT ON LEFT SIDE

1, 2 Kick Right To Right Side, Kick Right Forward
& 3 & 4 & Step in place Right(&), Touch Left Heel Diagonal(3), Step In Place Left(&) Touch Right Heel Diagonal(4) Step In Place Right (&)
5, 6 Kick Left To Left Side, Kick Left Forward
& 7 & 8 & Step in place Left(&), Touch Right Heel Diagonal(7), Step In Place Right(&) Touch Left Heel Diagonal(8), Step In Place Left (&)

(9-16) WALK RIGHT, LEFT, OUT, IN, OUT, PRESS RECOVER ON LEFT WITH R KICK

1, 2 Walk Forward Right, Walk Forward Left
& 3, 4 Step R to Right(&), Step L to Left(3), Hold(4)
& 5 Step R Next to Left , Step Left Next to Right,
& 6 Step R to Right Side, Step L to Left Side
7, 8 Press Ball Of Right Forward, Recover on Left(7) Right Kick(8)

(17-24) RIGHT & LEFT SAILOR STEPS, RIGHT HITCH POINT, WEAVE ¼ TO LEFT

1 & 2 Cross Right Behind Left, Step L To L Side, Step R to R Side
3 & 4 Cross Left Behind Right, Step R To R Side, Step L to L Side
5, 6 Hitch Right Knee Bringing It Slightly Touch Right
7 & 8 Step Right Behind Left, Step Left To Left Side ¼ turn , Step Right Forward

(25-32) CROSS ROCK, SIDE ROCK, BACK ROCK, TWIST, RIGHT HITCH & STEP TOGETHER

1 & 2 Step Left Forward, Recover On Right, Step Left To Left Side
& 3 & 4 Recover on Right, Step Left Back, Recover On Right, Step Left To Left Side
5 & 6 Step Left To Left Twisting Both heels Left(5), Twist Both Toes Left(&), Twist Left Heel Left (6)
& Hitch Right Knee towards Left
7, 8 Slide Right Foot To Right Side, Step Left Next To Right

(End: On Wall 10... Dance until Count 31, Step Left Behind Right, Unwind ½ Left To Face 12.00)

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