

Bring Down the Rain

拍數: 96 牆數: 1 級數: High Intermediate
編舞者: Fiona Murray (IRE) & Roy Hadisubroto (NL) - December 2017
音樂: Rain - The Script : (Album: Freedom Child)



Intro: Start after 32 counts (ABC no order differences)

PART A : 32 counts

[1 – 8] Step Hook 2x, Side Rock, Back Rock, Step, Hold, Ball Step, Hold

- 1 & 2 & Step R diagonally forward (1), Hook L behind R leg (&), Step L diagonally forward (2), Hook R behind L leg (&) 12:00
- 3 & 4 & Rock R to R side (3), Recover (&), Rock R Back (4), Recover (&) 12:00
- 5 – 6 Step R forward (5), Hold (6) 12:00
- & 7 – 8 & Close L next to R (&), Step R forward (7), Hold (8), Close L next to R (&) 12:00

[9 – 16] Out, Out (on heel) In, In, Out, Out (on heel), In, In, ¼ Turn L, Press Step 2x (Arms)

- 1 & 2 & Step R heel diagonally forward (1), Step L help diagonally forward (&), Step R back to centre (2), ¼ Turn L Step L next to R (&) 9:00
- 3 & 4 & Step R heel diagonally forward (3), Step L help diagonally forward (&), Step R back to centre (4), Step L next to R (&) 9:00
- 5 - 6 Press R forward and bring R shoulder forward while swinging both arms over L shoulder (5), Close R next to L (6) 9:00
- 7 - 8 Press L forward and bring L shoulder forward while swinging both arms over R shoulder (7), Close L next to R (8) 9:00

[17 – 25] Curved Weave, Cross Rock R & L

- 1 & 2 Cross R over L (1), ⅛ Turn L Step L to L side (&), Cross R behind L (2) 7:30
- & 3 & 4 ⅛ Turn L Step L to L side (&), Cross R over L (3), ⅛ Turn L Step L to L side (&), Cross R behind L (4) 4:30
- & 5 – 6 ⅛ Turn L Step L to L side (&), Cross Rock R over L (5), Recover (6) 3:00
- & 7 - 8 Step R next to L (&), Cross Rock L over R (7), Recover (8) 3:00

[26 – 32] Jazzbox, ¼ Turn R Slide, Heel, Hook, Heel, Hitch, Step Touch 2x

- & 1 - 2 Step L next to R (&), Cross R over L (1), Step L back (2) 3:00
- 0a 3 - 4 ¼ Turn R Big Step R to R side (a), Drag L next to R (3), Step L next to R (4) 6:00
- 5 & 6 & R heel forward (5), Hook R over L (&), R heel forward (6), Hitch R knee (&) 6:00
- 7 & 8 & Step R to R side (7), Touch L next to R (&), Step L to L side (8), Touch R next to L (&) 6:00

PART B : 32 counts

[33 – 40] Paddle Turn L (Arms), Walk R L, Touch, Heel Jack, Recover

- 1 – 2 Step R forward (1), ¼ Turn L transfer weight onto L (2) 3:00
- 3 - 4 Step R forward (3), ¼ Turn L transfer weight onto L (4) 12:00
- 5 - 6 Step R forward (5), Step L forward (6) 12:00
- 7 & 8 & Touch R next to L (7), Step R back (&), L heel forward (8), Step L next to R (&) 12:00

Arms

- 1 - 2 Bring both arms up in the air (1) and pull down in front of body (2)
- 3 - 4 Bring both arms up in the air (3) and pull down in front of body (4)

[41 – 48] Repeat Section 33 - 40 – End Facing 6:00

[49 – 56] Travelling Side Rock Step 2x, Chassé, Slide, Rock Recover

- 1 – 2 & Step R diagonally forward (1), Rock L behind R (2), Recover (&) 6:00
- 3 – 4 & Step L diagonally forward (3), Rock R behind L (4), Recover (&) 6:00

5 & 6 & Step R to R side (5), Step L next to R (&), Step R to R side (6), Touch L next to R (&) 6:00
7 - 8 & Big Step L (7), Rock R back (8), Recover (&) 6:00

[57 – 64] Mambo Forward, Run Back 4x, Step out, Hold (Arms)

1 & 2 Step R forward (1), Recover (&), Step R back (2) 6:00
3 & 4 Step L back (3), Step R back (&), Step L back (4) 6:00
5 - 6 - 7 - 8 Step R to R side (5), Hold (6 – 7 – 8) (Styling option: tap R heel on 6 - 7- 8) 6:00

Arms

5 - 8 Bring both arms slowly up in the air from the side (5 – 8)

PART C : 32 counts

[65 – 72] Reverse Paddle Turn L (Arms), Sailor Step L & R

1 -2 Cross R behind L (1), Press L to L side (2) 6:00
3 – 4 ¼ Turn L, Press L to L side (3), ¼ Turn L, Press L to L side (4) (While turning keep weight on ball of R foot) 12:00
5 & 6 Cross L behind R (5), Step R to R side (&), Step L to L side (6) 12:00
7 & 8 Cross R behind L (7), Step L to L side (&), Step R to R side (8) 12:00

Arms

2 - 8 Stretch both arms to side and look over L shoulder (2 - 8)

[73 – 80] Reverse Paddle Turn R (Arms), Sailor Step R & L

1 – 2 Cross L behind R (1), Press R to R side (2) 12:00
3 – 4 ¼ Turn R, Press R to R side (3), ¼ Turn R, Press R to R side (4) (While turning keep weight on ball of L foot) 6:00
5 & 6 Cross R behind L (5), Step L to L side (&), Step R to R side (6) 6:00
7 & 8 Cross L behind R (7), Step R to R side (&), Step L to L side (8) 6:00

Arms

2 - 8 Stretch both arms to side and look over R shoulder (2 – 8)

[81 – 88] Ball Cross, Hold, Ball Cross, Hold, Scissor Step, ¼ Turn R, ¼ Turn R, Cross

&1 – 2 Step R next to L (&), ¼ Turn L Cross L over R (1), Hold (2) 3:00
&3 - 4 Step R next to L (&), Cross L over R (3), Hold (4) 3:00
5 & 6 Step R to R side (5), Close L next to R (&), Cross R over L (6) 3:00
7 & 8 ¼ Turn R Step L back (7), ¼ Turn R and Step R to R side (&), Cross L over R (8) 9:00

Note In Section 81 – 88, from Counts 1 - 4 Keep Looking and Travelling in the Direction of 6:00

[89 – 96] Point / Touch & Hitch Combination, Ball Cross, Unwind ¾ Turn L (Arms)

1 & 2 & Touch R to R side (1), Hitch R knee (&), Touch R diagonally across L (2), Hitch R knee (&) 9:00
3 & 4 Touch R to R side (3), Hitch R knee (&), Cross R behind L (4) 9:00
& 5 Step L to L side (&), Cross R over L (5) 9:00
6 -7 - 8 Unwind ¾ Turn L (weight finishes on L foot) 12:00

Arms

6 - 8 Stretch both arms to side (6 – 8)

START AGAIN AND HAVE FUNNNN

DARE TO BE UNIQUE
