

Shivers

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Marine (FR) - February 2018
音樂: Shivers - Rachel Platten



Introduction : 16 counts

STEP, CROSS SAMBA , STEP, CROSS SAMBA, STEP, HITCH

1-2 Step R Fwd, Cross L over R
&3 Rock R to R, Recover (weight on L)
4-5 Step R Fwd, Cross L over R
&6 Rock R to R, Recover (weight on L)
7-8 Step R Fwd, Knee Lift L (12:00)

ROCK FWD, RECOVER, 1/4 TURN L WITH L CHASSE, CROSS R OVER L, STEP L SIDE, CROSS R BEHIND L, STEP L SIDE, R HEEL

1-2 Rock L Fwd, Recover (weight on R)
3&4 1/4 turn L with Chasse on L Stepping L-R-L (9:00)
5-6 Cross R over L, Step L on L
7&8 Cross R behind L, Step L next to R (&), R Heel R side

R FLAT, POINT L FOOT OVER R WITH 1/2 TURN L, SHUFFLE FWD, ROCK STEP FWD, RECOVER, COASTER STEP

1-2 R Flat, Point L over R with 1/2 Turn L (3:00)
3&4 Shuffle Fwd Stepping L-R-L
5-6 Rock R Fwd, Recover weight on L
7&8 Step Back on R (7), Step L next to R (&), Step Fwd on R (8)

1/4 TURN L WITH L SHUFFLE FWD, R HITCH, CROSS SHUFFLE, 1/4 TURN L, ROCK FWD, RECOVER, L HITCH, L STEP BACK WITH R HITCH

1&2 1/4 turn L with shuffle Fwd Stepping L-R-L (12 :00)
&3&4 Knee Lift R (&), Cross R over L (3), Step L next to R (&), Cross R over L (4)
5-6 1/4 turn L with Rock Fwd on L (5), Recover weight on R (6) (9:00)
7-8 Knee Lift L (7), Step Back on L with Knee Lift R (8) (9:00)

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