

Lifelong Love

COPPER KNOB
STEP SHEETS

拍數: 32 牆數: 4 級數: Improver - Rolling 8
編舞者: Donna Manning (USA) - March 2018
音樂: Perfect - Ed Sheeran



****2 walls that will change walls after the Restart on wall 4 after 8&a counts.**

**Starts front to back - will switch and stay on the side walls through the rest of the dance.
(Don't hate....This makes me just float)**

Sec. 1 (1-8&a) Walk w/ Sweep 2X, Step – Drag, Step, ½ Turn, ¼ Turn - Sways RLR, Behind, Side, Press
1,2,3 Step R fwd sweep L back to front, Step L fwd sweep R back to front, step R fwd drag L thru center
4&a, 5,6,7 Step L fwd, step R , ½ turn L, ¼ L stepping R to R side into a sway R, sway L, sway R fully weighted R
8 &a L behind R, R to R side, press L across bending R knee (3:00)
***** Restart happens here on wall 4 (you'll be facing 9:00 when it happens so it will change walls here)**
Step L FRWD on the "8a" count then RESTART stepping R fwd facing 9:00

Sec. 2 (8-16&a) Back w/ Sweep 3X, Sailor Step, Rock, Replace, Step Side, 1/8 Turn L Coaster
1,2,3 Step R back sweep L front to back, step L back sweep R front to back, step R back sweep L front to back
4&a, L behind R, R to R side, L to L side(angle body to R - open R hip to facilitate R back rock next)
5,6,7 Rock R back, recover to L, step R to R side (open L hip to help next coaster)
8&a 1/8 (1:30) turn L coaster – step L back, bring R to L, step L fwd (1:30)

Sec. 3 (17-24&a) ½ Turn L, Walk Back- Drag 2X, Coaster, Walk Fwd – Drag 3X, Cross Rock, Recover, Side
1-2,3 Step R fwd as you make ½ turn L on the ball of the R, step L back drag R, step R back drag L (7:30)
4 &a Step L back, bring R to L, step L fwd
5,6,7 Step R fwd slide L to R, step L fwd slide R to L, step R fwd
8 &a Cross rock L over R, recover to R, step L to L side (6:00)

Sec. 4 (25-32&a) Cross Rock, Replace, Side, Crossing Triple, Side Step, Back Rock, Replace, Weave
1,2,3 Cross Rock R over L, replace to L, step R to R side (open R hip)
4 &a, 5,6,7 Cross L over R, R to R side, cross L over R, step R to R side (open L hip), back rock on L, replace to R
8 &a L to L side, R behind L, L to L side (6:00) SMILE – you made it!!!

Please do not alter this step sheet in any way. If you would like to use on your website please make sure it is in its original format and include all contact details on this script.

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