

# Safe In My Arms

**COPPER KNOB**  
BY STEPHENETS

拍數: 64                      牆數: 4                      級數: Intermediate  
編舞者: Maria Smith (AUS) & Kevin Smith (AUS) - March 2018  
音樂: My Arms (feat. Chris Carmack, Jonathan Jackson & Sam Palladio) - Nashville  
Cast : (iTunes)



Starts on vocals after count 32. - Rotates CW

**S1: SIDE, TOG, SHUFFLE FWD, ROCK FWD, BACK, 1/4 TURN STRUT**

1,2,3&4                      Step L to side, step R next L, shuffle fwd L,R,L,  
5,6,7,8                      rock Fwd R, take wt L, ¼ turn right R toe/heel strut fwd (3.00)

**S2: 1/2 TURN STRUT BACK, ROCK BACK, FWD, 1/2 TURN STRUT BACK, 1/4 TURN STRUT,**

1,2,3,4                      ½ turn right L toe/heel strut, rock back R, fwd L, ( 9.00 )  
5,6,7,8                      ½ turn left R toe/heel strut, ¼ turn left L toe/strut ( 12.00 )

**S3: ROCK FWD, BACK, STEP SIDE, HOLD, & STEP NEXT L, STEP SIDE, SCUFF, ROCK**

1,2,3,4                      rock R over L, take wt L, step R to side, HOLD  
&5,6,7,8 &                      step L next R, step R to side, scuff L fwd, rock fwd L, take wt R, ( 12.00 )

**S4: & ¼ TURN, ROCK FWD, BACK, ROCK BACK, FWD, 1¾ TURN**

&1.2,3,4 &                      ¼ turn left step L, rock fwd R, back L, rock back R, fwd L, ( 9.00 )  
5,6,7,8                      traveling fwd stepping R, L, R, L, complete 1¾ turn left ( 12.00 )  
(Alternate step. Shuffle fwd R.L.R. ¼ turn right step L to Side, drag R to L. )

**S5: SIDE, TOG, ¼ SHUFFLE, PIVOT ¾ TURN, SIDE SHUFFLE,**

1,2,3&4                      step R to side, step L next R, ¼ turn right shuffle R, L, R, ( 3.00 )  
5,6,7&8                      step fwd L, ¾ pivot turn right wt, R, side shuffle L, R, L, ( 12.00 )

**S6: SIDE, BEHIND, ¼ STEP, ½ PIVOT, HOOK, SHUFFLE, STEP, TOUCH,**

1,2,3                      step R behind L, 1/4 turn left step L, step R fwd, ( 9.00 )  
4                      ½ pivot turn left hook L in front of R shin. ( 3.00 )  
5&6,7,8                      shuffle fwd L, R, L, step fwd R, tap L behind R, \*\*\* restart wall 2.

**S7: BIG STEP SIDE, DRAG, BIG STEP SIDE, DRAG, FULL TURN, CHA CHA**

1,2,3,4                      big step side left on L, drag R to L, big step side right on R, drag L to R,  
5,6,7&8                      full turn left stepping L, R, cha cha on the spot L, R, L,

**S8: BIG STEP BACH, DRAG, BIG STEP BACK, FULL TURN, CHA CHA**

1,2,3,4                      big step back R 45 deg angel, drag L to L, big step back L 45deg angel, drag R to it,  
5,6,7&8                      full turn right stepping R, L, cha cha on the spot R, L, R,

**[64]. START AGAIN**

\*\*\* Restart wall 2 dance to count 48, touch L next R

Finish. Wall 6 dance to count 46, add ½ pivot turn left, step R,L, tog., to front

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