

# Feel It

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Linda Scott (USA) - February 2018  
音樂: (Pop) Feel it by Mr Talk Box



(Country) I Got This by Jerrod Niemann

#16 count intro No Tags No Restarts

**[1-8] Touch Heel forward and back, triple forward, step ¼ turn, Cross Shuffle**

1-2            Touch R toe forward, touch R toe back  
3&4            Shuffle forward RLR  
5-6            Step L forward pivot ¼ to right, Weight on R (3:00)  
7&8            Cross left over right, recover on R, forward on L

**[9-16] Forward Hip Sway, Backward Hip Sway, Step Point, Step Point**

1-2            Stepping forward on Right diagonally sway hips forward (1:00), recover on Left  
3-4            Step Back diagonally (5:00) on R sway hips, Recover on L.  
5-6-7-8        Cross Right over left, point Left, Cross L over Right, Point Right

**[17-24] ¼ Jazz to Right, ¼ Jazz to Right**

1-2            Cross Right over Left, Step back on left,  
3-4            ¼ Turn to Right, stepping forward on Right, place Left next to right (6:00)  
5-6            Cross Right over Left, Step back on left  
7-8            Step R forward pivot ¼ to left, shift weight to L (9:00)

**[25-32] Rock forward R, Recover, Coaster Step, Step 1/2, Left forward shuffle**

1-2            Rock forward on Right, Recover on left  
3&4            Step back on right, step back on Left, step forward on Right  
5-6            Step forward Left, ½ turn to right (weight on Right) (3:00)  
7-8            Shuffle forward Left, Right, Left

**Repeat - No Tags – No Restarts**

**Alternate ending makes this an Improver dance – Replace last 8 counts with the following steps**

**[25-32] Rock forward R, Recover, Coaster Step, Step 1/2, Left forward shuffle**

1-2            Rock forward on Right, Recover on left  
3&4            Step back on right, step back on Left, step forward on Right  
5-6            Rock forward on Left, Recover on Right  
7-8            ½ turning Shuffle to left Left, Right, Left (3:00)