

Those Were The Days

拍數: 32 牆數: 4 級數: Improver
編舞者: Karen Tripp (CAN) - March 2018
音樂: Those Were the Days - Hermes House Band : (Album: Greatest Hits - iTunes - 3:40)



Tags: -

End of wall 4 facing 12:00, Rocking Chair

End of wall 6 facing 6:00, Rock Forward, Shuffle Back, Rock Back, Shuffle Forward

End of wall 7 facing 3:00, slow Rocking Chair

Start: On the word "Days" when he sings "Those... were...the...days".

S1: WALK 3, POINT SIDE, STEP, POINT, STEP, POINT

1-4 Walk forward right, left, right, point left toe to left side

5-8 Step left together, point right to side, step right together, point left to side

S2: BACK 3, TOUCH, SIDE, TOUCH, SIDE, TOUCH

1-4 Walk back left, right, left, touch right

5-8 Step side right, touch left to right, step side left, touch right to left

S3: VINE RIGHT WITH HEEL, VINE LEFT WITH ¼ TURN BRUSH

1-4 Step side right, cross left behind, step side right, tap left heel out diagonally

5-8 Step side left, cross right behind, turn ¼ left and step left, brush right ball of foot

S4: JAZZ BOX, ROCKING CHAIR

1-4 Cross right over left, step back on left, step side on right, step slightly forward on left

5-8 Rock forward on right, recover to left, rock back on right, recover to left

TAGS

TAG 1: ROCKING CHAIR (same timing)

1-4 Rock forward on right, recover to left, rock back on right, recover to left

TAG 2: ROCK FORWARD, SHUFFLE BACK, ROCK BACK, SHUFFLE FORWARD (same timing)

1-4 Rock forward on right, recover to left, shuffle back stepping R, L, R

5-6 Rock back on left, recover to right, shuffle forward stepping L, R, L

TAG 3: ROCKING CHAIR (slow timing)

1-4 Rock forward on right (no lyric, step on beat), recover to left (on lyric "those"), rock back on right (on lyric "were"), recover to left (on lyric "the") (start again on count 1 on lyric "days")

ENDING – Vine R, Vine 1/4L, Vine R, Vine 1/4L

At the end of the song facing 6:00 wall, you will hear the lyrics, "those were the days, oh yes those were the days... two more times!...Those were the days, oh yes those were the days... one more time!... Those were the days, oh yes those were the days". You will have finished the routine with the Jazz Box and Rocking Chair.

When you hear "two more times", do another Vine Right and Vine Left ¼ left... when you hear "one more time", do another Vine Right (slowing down), and Vine Left ¼ left and you will end facing 12:00 on the last beat doing a Brush.