Somethin' I'm Good At



拍數: 100 牆數: 1 級數: Phrased Low Intermediate

編舞者: Deanna Nemes (USA) - March 2018 音樂: Somethin' I'm Good At - Brett Eldredge



(Modified from Flash Mob performed on Long Island in Port Jefferson NY on August 20, 2017)

Pattern: AB A2 T1 B2 T2 C T3 B3 T4 C T5 B4

A: 32 counts

[1-8] Grapevine w/ cross, unwind ½ turn (X2)

1, 2, 3&4 Step right foot to right side, left foot cross behind right, right foot to right side, cross left foot in

front of right, unwind ½ over right shoulder to face 6:00

5, 6, 7&8 Step right foot to right side, left foot cross behind right, right foot to right side, cross left foot in

front of right, unwind ½ over right shoulder to face 12:00

[9-16] Right kick front, Right kick side, coaster step, Lt Kick Front, Lt Kick Side, coaster step

9, 10, 11&12 Kick right front, kick right side, step back right, together left, right forward

13,14, 15&16 Kick left front, kick left side, step back left, together right, left forward

[17-24] Step right, together, right, together, right back, left together, left together, left back

17,18, 19&20 Step right side, bring left together, step right side, bring left together, step right foot back 21,22, 23&24 Step side left, bring right together, step side left, bring right together, step left foot back

[25-32] Step right, together, right, together, back, left together, left together, forward

25,26, 27&28 Step right side, bring left together, step right side, bring left together, step right foot back***
29,30, 31&32 Step side left, bring right together, step side left, bring right together, step left foot forward

A2: 28c The second pass of A counts 25 thru 28 are modified:

1, 2, 3, 4 step right side, bring left together, step right side, left together and jump 3 times on "Deep, Blue, Sea" (with raised fist) (counts 29-32 are Omitted)

Part B: 40 counts

[1-16] Right rock forward, recover shuffle back, Left rock recover shuffle forward, step ½, ½ shuffle, rock back left, recover, shuffle

1, 2 3&4 Step forward right, recover left, shuffle back right, left, right
5, 6 7&8 Step back left, recover right, shuffle forward left, right, left
9, 10, 11&12 Step forward right, ½ turn to left, ½ turn shuffle right, left, right
13,14, 15&16 Step back left, recover right, shuffle forward left, right, left

[17-28] Step right, together, right, touch left (clap), rolling grapevine left (clap), rolling grapevine right (clap)

17,18, 19, 20 Step right, bring left together, step right, bring left together (clap)

21,22,23,24 step left to left, ½ turn stepping onto right, ½ turn stepping onto left, touch right to left (clap) step right to right, ½ turn stepping onto left, ½ turn stepping onto right, touch left to right (clap)

[29-32] Box step with cross

29, 30, 31, 32 cross right in front of left, step back left, step right side, cross left in front of right ***optional arms right arm raised at 1:00, left arm raised at 1:00, right hand to right hip, left arm to left hip

[33-40] Right Heel forward, together, left heel forward, together, repeat

B2 only dance thru step 36 (do not repeat the heels)

B3 add an extra rolling grapevine left after count B28, then continue steps 29-32

B4 complete steps B29-32, step out side right, slowly lower arms to the side, then raise back and up slowly until the song ends.

Part C: 36 counts

[1-8] Right Rocking chair, rock forward right, recover left, rock forward right, recover left, rock back right, recover left, rock back right, recover left

1&2&3&4& Syncopated rocking chair, rock forward right, recover left, rock forward right, recover left Rock back right, recover left, rock forward right, recover left, rock back right, recover left, rock

back right, recover left

[9-16] Charleston x2

9,10,11,12 right foot point forward, right foot point back, left foot point back, left foot point forward 13, 14, 15, 16 right foot point forward, right foot point back, left foot point back, left foot point forward

[17-24] Repeat Part C 1-8

[25-28] Charleston x1

29-32 Step right, pivot ½ turn left, step right, pivot ½ left

33, 34, 35, 36 Cross right foot over left, unwind full turn over left shoulder (end facing 12 o'clock)

Tag 1: Jump 3 times, right fist pumps in air on "Deep Blue Sea"

Tag 2: Kick right 2x, behind, side cross, kick left 2x, behind, side, cross, ½ Monterey turn X2 (then repeat entire 16 counts)

1,2,3&4 Kick right foot to right side twice, step right behind, step left to left side, cross right foot in

front of left

5,6,7&8 Kick left foot to left side twice, step left behind, step right to right side, cross left foot in front of

right

9, 10, 11, 12 Point right foot out to right side, weight on left foot, pull right together while turning ½ to the

right. Point left foot out to left side, bring left foot together next to right.

13,14, 15, 16 Point right foot out to right side, weight on left foot, pull right together while turning ½ to the

right. Point left foot out to left side, bring left foot together next to right.

17-32 Repeat Counts 1-16 above

Tag 3:

1&2, 3&4, 5&6, Shuffle right, ¼ turn shuffle left (face 9 o'clock), ¼ turn shuffle right (face 6 o'clock), ¼ turn shuffle left (face 3 o'clock), ¼ turn step out right foot (face 12 o'clock), step out left foot

Tag 4:

1-8 Step out wide right foot, left foot, and raise arms slowly from sides low to high

Tag 5:

1-8 Step out wide right foot, left foot, and raise arms slowly from sides low to high

Enjoy!

Site: www.dancingwithdeanna.com

Feel free to message me if you have any questions: deanna@dancingwithdeanna.com