

No More Fooling Around

拍數: 32 牆數: 4 級數: Beginner
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音樂: She's My Baby - Robert Mizzell



Intro: 32 counts.

Section 1: Jump forward. Hold & Clap. Jump forward. Hold & Clap. Rocking Chair ¼ Turn left.

&1-2 Jump forward on right. Jump forward on left. Hold & Clap.
&3-4 Jump forward on right. Jump forward on left. Hold & Clap.
5-6 Rock forward on right. Recover onto left.
7-8 Rock back on right. Recover onto left turning ¼ left.

Section 2: Side. Touch. Kick Ball Cross. Side. Touch. Kick Ball Cross.

1-2 Step right to right side. Touch left beside right foot.
3&4 Kick left foot in the left diagonal. Step left in place. Cross right over left.
5-6 Step left to left side. Touch right beside left foot.
7&8 Kick right foot in the right diagonal. Step right in place. Cross left over right.

Section 3: Right Vine. Touch. Left Vine. Touch.

1-3 Step right to right side. Cross left behind right. Step right to right side
4 Touch left beside right foot.
5-7 Step left to left side. Cross right behind left. Step left to left side.
8 Touch right beside left foot.

Section 4: Heel Grind ¼ Turn right. Back Rock. Heel Grind ¼ Turn right. Back Rock.

1-2 Step forward on right heel & turn ¼ right. Fall back onto left foot.
3-4 Rock back on right foot. Recover onto left foot.
5-6 Step forward on right heel & turn ¼ right. Fall back onto left foot.
7-8 Rock back on right foot. Recover onto left foot.
