Throwback

級數: Improver

編舞者: Betty Moses (USA) - March 2018

音樂: Throwback - James Barker Band : (Album: Game On)

#32 count intro - start on lyrics	
Sec 1: Step/Tap, Step Kick, 3 Step Weave Left, Step/Tap, Step/Kick, 3 Step Weave Right	
1&2& S	tep R forward to 1:30, Tap L toe behind R, Step L in place, Kick R forward toward 1:30
3&4 S	tep R behind L, Step L to side (square up 12:00), Cross R over L (12:00)
5&6& S	tep L forward to 10:30, Tap R behind L, Step R in place, Kick L forward toward 10:30
7&8 S	tep L behind R, Step R to side (Square up to 12:00), Cross L over R
Sec 2: Side/Behind, 1/4 Turn, 1/4 Pivot/Cross, Side/Behind, 1/4 Turn, 1/4 Pivot/Cross	
1&2 S	tep R to side, Step L behind R, Step R forward turning ¼ right (3:00)
3&4 S	tep L forward, pivot ¼ turn right, Cross L over R (6.00)
5&6 S	tep R to side, Step L behind R, Step R forward turning ¼ right (9:00)
7&8 S	tep L forward, pivot ¼ turn right, Cross L over R (12:00)
*********Restart Here during wall 3********	
Sec 3: Step, Drag, Rock back/Recover, Step, Drag, Rock back/Recover, Diagonal Step/Touches	
1-2& S	tep R to side (big step), Drag L toward R, Rock back on L, Recover weight on R
3-4& S	tep L to side (big step), Drag R toward L, Rock back on R, Recover weight on L
5& S	tep R to right front diagonal, Touch L next to R
6& S	tep L to left back diagonal, Touch R next to L
7& S	tep R to right back diagonal, Touch L next to R
8& S	tep L to front left diagonal, Touch R next to L
Sec 4: Triple Step Forward, Chase ½ Turn, Triple Full Turn Over Left Shoulder, Froward/Recover, Step	
together	
	riple forward R-L-R
	tep forward on L, Pivot ½ Turn right, Step forward on L (6:00)
	ull triple turn over left shoulder (non turning option: Triple forward R-L-R)
7&8 R	lock forward on L, Recover weight on R, Step L next to R pushing hips back
To end facing 12:00 - On the last wall change the full triple turn to a Chase ½ turn to 12:00 Step forward of	

To end facing 1 ard on the L

Enjoy

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Last Update - 7th March 2018





拍數: 32

牆數:2