

Hola

拍數: 32 牆數: 2 級數: Low Intermediate
編舞者: Dustin Betts (USA) - January 2018
音樂: Hola (feat. Maluma) - Flo Rida



Intro –16 counts from start

[1 – 8] STEP R, TOUCH L, KICK L, KICK R, TOUCH R BEHIND, R ROCKING CHAIR TO R DIAGONAL, R SHUFFLE

- 1 2 Step R to right side (wave R hand like you are saying hello)(1), Touch L behind R (2), 12.00
3 & 4 Kick L to left diagonal (3), Step L down while kicking R to right diagonal (&), Touch R behind L (4), 12.00
5 & 6 & Rock R to fwd diagonal (5), Recover weight onto L (&), Rock R to back diagonal (6), Recover weight onto L (&), 1.30
7 & 8 Step R fwd (still at diagonal) (7), Step L next to R (&), Step R fwd (8). 1.30

[9 – 16] L ¼ CROSS SAMBA, R CROSSING SHUFFLE, ¼ TURN L FWD SHUFFLE, STEP R, PIVOT ½ L

- 1 & 2 Make ¼ turn left crossing L over R(1), Step R back to right diagonal (&), Step L next to R (2), 10.30
3 & 4 Cross R over L (3), Step L to left side (&), Cross R over L (4), 10.30
5 & 6 Step L fwd squaring up to 9 o'clock (5), Step R next to L (&) Step L fwd (6), 9.00
7 8 Step R fwd (7), Pivot ½ L (8). 3.00

[17 – 24] ¼ TURN R STEPPING R TO R SIDE, L BACK ROCK, L ROCK & CROSS, R BACK SHUFFLE, L COASTER

- 1 2 & Make ¼ turn L stepping R to right side (1), Rock L back left diagonal (2), Recover onto R (&) 12.00
3 & 4 Rock L to left side (3), Recover onto R (&), Cross L over R (4), 9.00
5 & 6 Step R back to right diagonal (5) Step L next to R (&), Step R back to right diagonal (6), 10.30
7 & 8 Step L back to back diagonal (7), Step R next to L (&), Step L fwd (8). 10.30

[25 – 32] STEP R-L, PIVOT ½ TURN L, ½ TURNING SHUFFLE, L BACK ROCK, ¼ TURN CROSS

- 1 2 Step R fwd (1), Step L fwd (2), 10.30
3 4 Step R fwd (3), Pivot ½ turn left taking weight onto L (4), 4.30
5 & 6 Make ¼ turn stepping R to right side (5), Make 1/4 turn crossing L over R (&), Make 1/8 turn stepping back on R (6), 10.30
7 & 8 Rock L back still at diagonal (7), Recover onto R(&), Cross L over R squaring up to back wall (8), 6.00

Restarts are on walls 3, 7, and 10.

Do dance up to count 17, when you make your ¼ turn stepping R to right side, that is count 1 of the dance.

Enjoy!

Email: Dustinbetts97@gmail.com