

# Jump Right In

拍數: 64      牆數: 2      級數: Intermediate  
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - March 2018  
音樂: Fire and Water - The Wandering Hearts : (CD: Wild Silence)



#8 count intro (4 secs) – 130bpm – 3mins 11secs

Tag: end of wall 5

Music available: Amazon as a 99p download

## [1-8] R “Shadows” step (jazz box), R fwd rock/recover, ½ R shuffle

1-4            Step R forward, cross step L over R, step R back, step L side  
5-6            Rock R forward, recover weight on L  
7&8            Turning ½ right step R forward, step L together, step R forward (6 o'clock)

## [9-16] 4 syncopated rock steps – L fwd, R back, L side, R side

1-2&            Rock L forward, recover weight on R, step L together  
3-4&            Rock R back, recover weight on L, step R together  
5-6&            Rock L side, recover weight on R, step L together  
7-8            Rock R side, recover weight on L

## [17-24] Jump Right in fwd with feet apart, heel twist R & centre, R fwd, L fwd rock/recover, ½ L shuffle

&1            Jump forward R & L apart  
2-4            Twist heels right, twist heels centre weight ending on L, step R forward  
5-6            Rock L forward, recover weight on R  
7&8            Turning ½ left step L forward, step R together, step L forward (12 o'clock)

## [25-32] R fwd, L side point, L samba traveling fwd, ¼ R jazz box with R ball cross side (start of vine)

1-2            Step R forward, point L side  
3&4            Cross step L over R, rock R side, recover weight on L  
5-6            Cross step R over L, turning ¼ right step L back (3 o'clock)  
&7-8            Step R side, cross step L over R, step R side (count 8 is start of vine)

## [33-40] L behind, ¼ R & R fwd, L fwd, ½ R pivot turn, ¼ R & L side, R behind, L side, R fwd & side points

1-2            Cross step L behind R, turning ¼ right step R forward (6 o'clock)  
3-4            Step L forward, pivot ½ right (12 o'clock)  
5-6            Turning ¼ right step L side, cross step R behind L (3 o'clock)  
&7-8            Step L side, point R toes forward, point R toes side

## [41-48] R sailor step, ¼ L toaster, R fwd, ¼ L pivot turn, R fwd rock/recover

1&2            Cross step R behind L, step L side, step R side  
3&4            Turning ¼ left step L back, step R together, step L forward (12 o'clock)  
5-6            Step R forward, pivot ¼ left (9 o'clock)  
7-8            Rock R forward, recover weight on L

## [49-56] Jump right in back on R whilst kicking L fwd, L fwd, R fwd shuffle, L fwd rock/recover, ½ L shuffle

&1-2            Jump back on R as you kick L forward, step L forward  
3&4            Step R forward, step L together, step R forward  
5-6            Rock L forward, recover weight on R  
7&8            Turning ½ left step L forward, step R together, step L forward (3 o'clock)

## [57-64] R jazz box, R cross & unwind ¾ L

1-4            Cross step R over L, step L back, step R side, step L forward

5-8 Cross R over L, unwind  $\frac{3}{4}$  turn left, this is executed over 3 counts with weight ending on L (6 o'clock)

**TAG: End of wall 5 facing back wall**

1&2 Kick R forward, step R together, step L forward

3-4 Step R forward, pivot  $\frac{1}{2}$  left (12 o'clock)

5-8 REPEAT ABOVE 4 COUNTS to face back wall (6 o'clock)

**Restart the dance**

**Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P**

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