

Nailed It Easy

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Gaye Teather (UK) - February 2018
音樂: Easy Love - David Nail : (CD: I'm A Fire - iTunes, amazon etc)



#24 count intro. Start on vocals

Walk forward x 3. Point. Quarter turn Left. Tap. Hip bumps with heel taps x 2

1 – 4 Walk forward Right. Left. Right. Touch/Point Left toe to Left side
5 – 6 Pivot quarter turn Left keeping weight on Right. Tap Left heel to floor
&7 Bump Left hip forward raising Left heel. Lower Left heel while bumping Right hip back
&8 Bump Left hip forward raising Left heel. Lower Left heel while bumping Right hip back
(Weight remains on Right)

Walk back x 3. Touch. Forward. Touch. Back. Touch

1 – 4 Walk back Left. Right. Left. Touch Right beside Left
5 – 6 Step Right foot diagonally forward Right. Touch Left beside Right
7 – 8 Step Left foot diagonally back Left. Touch Right beside Left

* Restart from beginning at this point during wall 4 (You will be facing 6 o'clock)

Forward. Lock. Forward lock step. Step. Pivot half turn Right. Left kick-ball-change

1 – 2 Step forward on Right. Lock Left behind Right
3&4 Step forward on Right. Lock Left behind Right. Step forward on Right
5 – 6 Step forward on Left. Pivot half turn Right (3 o'clock)
7&8 Kick Left foot forward. Step Left beside Right. Step Right in place beside Left

Forward rock. Coaster step. Jazz box

1 – 2 Rock forward on Left. Recover onto Right
3&4 Step back on Left. Step Right beside Left. Step forward on Left
5 – 8 Cross Right over Left. Step back on Left. Step Right to Right side. Step forward on Left

Start again
