

# Lonely Heart

**COPPER KNOB**  
BY STEPHEN T. C.

拍數: 24      牆數: 4      級數: Ultra Beginner  
編舞者: Ayu Asha (INA) - March 2018  
音樂: Norah Jones - "Are You Lonesome Tonight"



(\*\*\* Start after lyrics 24 Count )

## SECTION I : BASIC WALTZ FORWARD AND BACKWARD

1-2-3      Step R forward (1), Step L close to R (2), Step R in place (3)  
4-5-6      Step L backward (4), Step R close to L (5), Step L in place (6)

## SECTION II : TWINKLE RIGHT AND LEFT

1-2-3      Step R cross over L (1), Step L to L side (2), Step R slightly to R side (3)  
4-5-6      Step L cross over R (4), Step R to R side (5), Step L slightly to L side (6)

## SECTION III : FORWARD, SIDE TOUCH (HOLD)

1-2-3      Step R Cross forward (1), L side touch (2-3)  
4-5-6      Step L Cross backward (4), R side touch (5-6)

## SECTION IV : JAZZ BOX ¼ TURN R, CROSS FORWARD, SWAY

1-2-3      Step R cross over L (1), Step L back (2), Step R to R making ¼ Turn R (3) 3:00  
4-5-6      Step L forward (4), Step R to side R and make Sway R (5) and L (6) 3:00

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