

# I Got The Moves

拍數: 32      牆數: 4      級數: Improver  
編舞者: Wendy McLean (CAN) - March 2018  
音樂: Moves Like Jagger (feat. Christina Aguilera) - Maroon 5



## Side Rock, Cross Shuffle, Side Rock Cross Shuffle

1 2      Right Foot Rock Right Side, Recover Weight To Left Foot  
3&4      Right Foot Cross Over Left, Left Foot To Left Side, Right Foot Cross Over Left  
5 6      Left Foot Rock Left Side, Recover Weight To Right Foot  
5&6      Left Gross Over Right, Right Foot To Right Side, Left Foot Cross Over Right

## Forward Rock, Shuffle Back, Back Rock, Shuffle Forward

1 2      Right Foot Rock Forward, Recover Weight To Left Foot  
3&4      Step Right Foot Back, Step Left Foot To Right, Ste Right Foot Back  
5 6      Left Foot Rock Back, Recover Weight To Right Foot  
7&8      Left Foot Step Forward, Right Foot Step Together, Left Foot Step Forward

## Toe, Hold, & Toe, Hold & Heel & Heel & Walk, Walk

1 2      Touch Right Toe to Right Side, Hold  
&3 4      Step Right Foot Home, Touch Left Toe To Left Side, Hold  
&5&6      Step Left Foot Home, Touch Right Heel Forward, Step Right Foot Home, Touch Left Heel Forward  
&7 8      Step Left Foot Home, Walk Forward On Right Foot, Walk Forward on Left Foot

## Rock, Recover, Shuffle ½, Step ¼ Turn, Cross Shuffle

1 2      Rock Forward On Right Foot, Recover Weight To Left Foot  
3&4      Shuffle ½ Turn Right, Stepping Right, Left, Right  
5 6      Step Forward on Left Foot, Pivot ¼ Turn Right, Weight To Right Foot  
7&8      Cross Left Foot Over Right, Step Right Foot Right, Cross Left Foot Over Right

## REPEAT

## TAG – At end of the 10th wall facing back wall

### Heel, Hold & Heel, Hold &

1 2      Right Heel Forward, Hold  
&3 4&      Step Right Foot Home, Left Heel Forward, Hold, Step Onto Left Foot