

# No Tomorrow

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BY FRANK HEELAN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Frank Heelan (IRE) - March 2018  
音樂: Love Me a Little Bit Longer - Lisa Stanley



**Intro: 32 counts - start on vocal.**

**Sec. 1: Side, together, chasse right, rock back recover, pivot ½ turn.**

1-2            Step right to right, left together.  
3&4           Step right to right, left together, right to right.  
5-6           Rock back on left, recover to right  
7-8           Step forward left, pivot ½ turn right. (Weight to right) (6.00)

**Sec. 2: Rock step, coaster step, walk, walk, chasse ¼ turn.**

1-2            Rock forward left, recover to right.  
3&4           Step back left, right together, forward left.  
5-6           Walk forward, right, left.  
7&8           Turn ¼ left, step right to right, left together, right to right.

**Sec. 3: Rock back, recover, side behind, side, cross, side rock, recover.**

1-2            Cross left behind right, recover to right.  
3-4            Step left to left, step right behind.  
5-6            Step left to left, cross right over left.  
7-8            Rock left to left. recover to right.

**Sec. 4: Rock recover, shuffle ½ turn, right rocking chair.**

1-2            Rock forward left, recover to right.  
3&4            Turn ¼ left step left to left, right together, turn ¼ left step forward left.  
5-6            Rock forward right, recover to left.  
7-8            Rock back right, recover to left.

**Tag. Wall 9 section 3. Dance up to count 23 hold for 1 then restart dance facing 3.00**

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