

Lamento Boliviano

COPPER **KNOB**
STEPSHEETS

拍數: 64 牆數: 4 級數: Phrased High Beginner
編舞者: Irene Deng (TW) - February 2018
音樂: Lamento Boliviano (La Banda del Diablo)



Intro : 32 Count (Approx. 15 Seconds Into Track) 3:20 iTunes 130 bpm
Sequence : AABAAA / AABAAAA / A(16)

PART A: 32 COUNT

Section A 1: SIDE ,CLOSE, SIDE ,TOUCH , FORWARD,TOUCH , BACK , TOUCH

1 2 3 4 Step R to right side, Step L together to R, Step R to right side, Touch L beside R ,Left bumping hips
5 6 7 8 Step L forward diagonal(1:30), Touch R behind L, Step R back, Touch L beside R (At same time swing shoulders)

Section A 2: VINE , SCUFF, R JAZSS BOX 1/4 R

1 2 3 4 Step L to left ,Step R behind L, Step L to Left Scuff R Forward
5 6 7 8 Cross R over L, 1/4 turn right Step L back, Step R back to beside L, Step L fwd (3:00)

Section A 3 : WALK FORWARD X3 , KICK , BACK ,TOUCH, FORWARD, TOUCH

1 2 3 4 Walk forward R L R, Kick L fwd,
5 6 7 8 Step L back, Touch R beside L, Step R forward, Touch L beside R

Section A 4 : WALK BACK X2 , BACK SHUFF, BACK, BUMPING HIPS,SWING SHOULDERS

1 2 3&4 Step L back, Step R back, Step L back, Step R next to L, Step L back
5 6 7&8 Step R back Bumping hips (R L), Swing shoulders (down right, at same time up left ,down left, at same time up right, down right, at same time up left) (7&8) (3:00)

PART B : 32 COUNT

Section B 1 : SIDE ,CLOSE, SIDE ,TOUCH , SIDE ,CLOSE, SIDE ,TOUCH

1 2 3 4 Step R to right, Step close L beside R, Step R to right, Touch L beside R
5 6 7 8 Step L to left, Step close R beside L, Step L to left, Touch R beside L

Section B 2 : 1/4 TURN L SIDE ,TOGETHER, SIDE ,TOUCH, SIDE ,TOGETHER, SIDE ,TOUCH

1 2 3 4 Making 1/4 turn left, Step R to right, Step close L beside R, Step R to right, Touch L beside R
5 6 7 8 Step L to left, Step close R beside L, Step L to left, Touch R beside L

Section B 3 : (LOCK STEP DAIGONAL, TOUCH) X2

1 2 3 4 Step R forward diagonal (1:30), Step L behind R, Step R forward , Touch L beside R
5 6 7 8 Step L forward diagonal (10:30), Step R behind L, Step L forward , Touch R beside L

Section B 4 : ROCKING CHAIR, PIVOT,1/2 L STEP FORWARD, HEELS SWIVEL

1 2 3 4 Step R forward, Recover on L, Step R back, Recover on L
5 6 7&8 Step R forward, 1/2 turn left, Step R forward, heels swivel to right, Return to center

Have fun!!! Happy Dance

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