

Clare Island

拍數: 32 牆數: 2 級數: Easy Intermediate
編舞者: Alison Carrington (UK) - February 2018
音樂: Clare Island - The Saw Doctors : (Album: To Win Just Once)



Start: after 8 counts

S1: Heel, Toe, Shuffle Forward, Forward, Back, Shuffle Back

1,2,3&4 Dig R heel forward, tap R toe back, step R forward, bring L to R, step R forward
5,6,7&8 Forward rock on L, back on R, step back on L, bring R to L, step back on L

S2: Back Rock, Side Rock, Behind, Side, Cross, Side, Tap

1,2,3,4 Rock back on R, forward on L, side rock R on R, recover on L
5&6,7,8 Bring R behind L, step L to L, cross R over L, step L to L, tap R beside L

S3: Kick, Ball, Touch, Kick, Ball, Touch, Side, Together, Shuffle

1&2 Kick R forward, step on ball of R, touch L beside R
3&4 Kick L forward, step on ball of L, touch R beside L
5,6,7&8 Step R to R, bring L beside R, step R forward, bring L to R, step R forward

S4: Rock, Coaster Step, Walk Round ½ Turn L

1,2,3&4 Rock L forward, recover back on R, step back L, step back R, step forward L
5,6,7,8 **Walk round ½ turn to L on R,L,R,L*

Tag end Wall 7

**** Ending on Wall 11****

***Tag:** There is an 8 count Tag at the end of Wall 7, which starts at 12.00 on the instrumental part of the music. You will be facing 6.00 at the end of the dance, add the tag and then begin the dance again from the beginning.

***Tag:** Side, Together, Shuffle Forward, Side, Together, Shuffle Back

1,2,3&4 Step R to R, bring L beside R, step R forward, bring L to R, step R forward
5,6,7&8 Step L to L, bring R beside L, step L back, bring R to L, step L back.

****Ending:** On Wall 11 facing 12.00 dance counts 1,2,3&4 of S:4 then on counts 5,6,7,8, instead of walking round ½ turn to L, walk round a full turn to L on R,L,R,L to finish at 12.00.

Enjoy and Keep Dancing!!!!