A Little Heartbreaker

級數: Easy Intermediate

編舞者: Rick Dominguez (USA) - February 2018

音樂: Heartbreaker - Parmalee : (Album: 27861)

Begin dance after 16 counts

拍數: 32

(1-8) Cross-Rock Recover, Side Triple, Cross-Rock Recover, Side Triple (12:00)

- 1, 2 Cross L over R, Recover back on R,
- 3&4 Step L to left side, Step R next to L, Step L to left side.
- 5, 6 Cross R over L, Recover back on L
- 7&8 Step R to right side, Step L next to R, Step R to right side.

(9-16) Box Step, Press, Recover, Back, Heel, Ball, Step (12:00)

- 1, 2 Cross L over R, Step R back
- 3, 4 Step L to left side, Step R forward
- 5, 6& Press L forward, Recover back on R, Step L next to R
- 7&8 Touch R heel forward, Step R next to L, Step L forward

(17-24) 1/4 Pivot, Cross, ¼, Back w/Touch, Step, 1/2, Coaster (6:00)

- 1, 2 Step R forward, Turn 1/4 left as you shift weight to L (9:00)
- 3&4 Cross R over L, Turn 1/4 right as you step L back, Step R back as you pop L knee up (12:00)
- 5, 6 Step L forward, Turn 1/2 left as you step R back (6:00)
- 7&8 Step L back, Step R next to L, Step L forward

(25-32) Step, Paddle Turn x3, Cross Samba x2 (6:00)

1 Step R forward

Counts 2-4 make a full turn

- 2 Turn 1/3 right as you point L to left side (10:00)
- 3 Turn 1/3 right as you point L to left side (2:00)
- 4 Turn 1/3 right as you point L to left side (6:00)
- 5&6 Cross L over R, Step R to right side, Step L diagonally forward.
- 7&8 Cross R over L, step L to left side, step R diagonally forward.

Restart is on wall 8 after count 28 - facing 6:00 wall

Tag happens on wall 9 after count 20 (knee pop)

1-3 Walk forward x3 L, R, L (strut for styling)

&4 Step R out, Step L out

Restart the dance

Note: Dance will end on wall 12 – dance first 28 counts then repeat tag to end (For styling bring both hands to center of chest and break open as if you're ripping your heart with a little attitude and a smile on counts &4 of the tag/ending)

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Last Update - 9th March 2018





牆數:2