

Paradise

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: High Improver – Polka Rhythm
編舞者: Marcus Zeckert (DE) - February 2018
音樂: Paradise - George Ezra : (iTunes)



Count In: Dance Starts After 16 Counts

Section 1 [1 – 8] Lindys (Shuffle, Rock Step, Shuffle, Rock Step)

1 & 2 R Foot Side R, L Foot Next R Foot, R Foot Side R
3, 4 L Foot Rock Back, Weight On R Foot
5 & 6 L Foot Side L, R Foot Next L Foot, L Foot Side L
7, 8 R Foot Rock Back, Weight On L Foot

Section 2 [9-16] Rock Step, ¼ Shuffle Turn, Weave R

9, 10 R Foot Rock Fw, Weight On L Foot
11 & 12 ¼ Turn R With R Foot Side R (3:00), L Foot Next R Foot, R Foot Side R
13, 14 L Foot Over R Foot, R Foot Side R,
15, 16 L Foot Behind R Foot, R Foot Side R

Section 3 [17 – 24] Rock Step, Shuffle, Weave L

17, 18 L Foot Over R Foot, Weight On R Foot Back
19 & 20 L Foot Side L, R Foot Next L Foot, L Foot Side L
21, 22 R Foot Over L Foot, L Foot Side L,
23, 24 R Foot Behind L Foot, L Foot Side L

Section 4 [25 – 32] Rock Step ¼ Shuffle Turn, Rock Step, Coaster Step

25, 26 R Foot Rock Fw, Weight On L Foot
27 & 28 R Foot Side R, L Foot Next R Foot, ¼ Turn R Foot Fw (6:00)
29, 30 L Foot Rock Fw, Weight On R Foot
31 & 32 L Foot Step Back, R Foot Next L Foot, L Foot Step Fw

Restart (Attention: Tag And End Section!)

TAG: At The End Of The 4 Rotation (5th Wall, To Front Wall) Dance The Following Steps.

[1 – 12] Diagonally Steps R + L (Fw+Back) With Claps

1, 2 R Foot Diagonally Fw, Touch L Foot Next R Foot And Clap
3, 4 L Foot Diagonally Fw, Touch R Foot Next L Foot And Clap
5, 6 R Foot Diagonally Back, Touch L Foot Next R Foot And Clap
7, 8 L Foot Diagonally Back, Touch R Foot Next L Foot And Clap
9, 10 R Foot Diagonally Fw, Touch L Foot Next R Foot And Clap
11, 12 L Foot Diagonally Fw, Touch R Foot Next L Foot And Clap

At The End Of The Dance (@ Wall 15) Make A Pivot ½ L (Section 4 - Instead Of The Rock Step) On R Foot To End @ The Front Wall.

Dance ... If You Can !

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Last Update – 28th Feb. 2018