

Ben Xiao Hai

拍數: 64 牆數: 2 級數: Phrased Intermediate
編舞者: Tan Candy (SG) - February 2018
音樂: Ben Xiao Hai (笨小孩) - Andy Lau (劉德華), Jacky Wu (吳宗憲) & Blackie Ko (柯受良)



Sequence: AA BA-Tag-AB B*A-Ending
Start after 16 counts from heavy beat

A (32 counts)

Section A1: Side. Behind Side Cross. Side Touch. Side. Behind Side Cross. Side Touch. (12:00)

12&a34 Step R to R side. Step L behind R. Step R to R side. Cross L over R. Step R to R side. Touch L beside R.
56&a78 Step L to L side. Step R behind L. Step L to L side. Cross R over L. Step L to L side. Touch R beside L.

Section A2: Fwd. Fwd Mambo. Walk back x3. Back Mambo. Step Pivot ¼ Turn. (9:00)

12&a345 Step R fwd. Rock L fwd. Recover weight on R. Step L back. Walk back on RLR.
6&a78 Rock L back. Recover weight on R. Step L fwd. Step R fwd. Pivot ¼ turn L (9) taking weight on L.

Section A3: Cross Point. ¼ Turn Cross Point. Cross. 1/8 Turn. Side. 1/8 Turn. Step Pivot ½ Turn. (4:30)

1234 Cross R over L. Touch L to L side. Turn ¼ L (6) & cross L over R. Touch R to R side.
5a6a Cross R over L. Turn 1/8 R (7:30) & step L back. Step R to R side. Turn 1/8 R (10:30) & step L fwd.
7 8 Step R fwd. Pivot ½ turn L (4:30) taking weight on L.

Section A4: Dorothy Step x2. Fwd Rock. ¼ Turn. Fwd. Tog x2. (6:00)

1 2a Step R fwd to R diag. Lock L behind R. Step R fwd to R diag.
3 4a Step L fwd to L diag. Lock R behind L. Step L fwd to L diag.
5 6a Rock R fwd. Recover weight on L. Turn ¼ R (6) & step R to R side.
7 8a Step L fwd. Step R beside L. Step L in place.

B (32 counts)

Section B1: Fwd Diag Touch. Back Diag Touch x2. Fwd Diag Touch. Rocking Chair. Fwd Scuff. (12:00)

1a2a Step R fwd to R diag. Touch L beside R. Step L back to L diag. Touch R beside L.
3a4a Step R back to R diag. Touch L beside R. Step L fwd to L diag. Touch R beside L.
5a6a78 Rock R fwd. Recover weight on L. Rock R back. Recover weight on L. Step R fwd. Scuff L.

Section B2: Side. Touch Across. Side. In Out. Tog. Cross Rock. Side. Tog x2. (12:00)

1234a Step L to L side. Touch R across L. Step R to R side. Touch L beside R. Touch L to L side.
5 6a Step L beside R. Cross rock R over L. Recover weight on L.
7 8a Step R to R side. Step L beside R. Step R in place.

Section B3: Fwd Diag Touch. Back Diag Touch x2. Fwd Diag Touch. Rocking Chair. Fwd Scuff. (12:00)

1a2a Step L fwd to L diag. Touch R beside L. Step R back to R diag. Touch L beside R.
3a4a Step L back to L diag. Touch R beside L. Step R fwd to R diag. Touch L beside R.
5a6a78 Rock L fwd. Recover weight on R. Rock L back. Recover weight on R. Step L fwd. Scuff R.

Section B4: Side. ¼ Turn Back Rock. ¼ Turn Fwd Lock Step. Fwd Mambo. Tog. (6:00)

123 Step R to R side. Turn ¼ L (9) & rock L back. Recover weight on R.
4a5 Turn ¼ L (6) & step L fwd. Lock R behind L. Step L fwd.
6a78 Rock R fwd. Recover weight on L. Step R back. Step L beside R.

B* (40 counts): B + Section 4 of B

Tag (4 counts): Rocking Chair

1234 Rock R fwd. Recover weight on L. Rock R back. Recover weight on L.

Ending (2 counts): Step. Pivot ½ Turn.

1 2 Step R fwd. Pivot ½ turn L (12) taking weight on L.

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