

At The House

拍數: 48 牆數: 2 級數: Newcomer
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音樂: At the House - Blake Shelton : (Album: Texoma Shore - 3:09)



Intro 16 counts, BPM 98

Restart after 16 counts in wall 5

Section 1: Lock steps diagonally forward right and left with shuffle steps

- 1 RF step diagonally forward right (facing 01.00)
- 2 LF step behind RF (bend your knees slightly to the rhythm)
- 3 RF step forward diagonally right
- & LF step behind RF
- 4 RF step forward diagonally right
- 5 LF step diagonally forward left (facing 11.00)
- 6 RF step behind LF (bend your knees slightly to the rhythm)
- 7 LF step diagonally forward left
- & RF step behind LF
- 8 LF step diagonally forward left

Section 2: Steps and shuffle steps walking around in a full circle turning left

- 1 RF step forward turning 1/8 left
- 2 LF step forward turning 1/8 left
- 3 RF step forward turning 1/8 left
- & LF step beside RF
- 4 RF step forward turning 1/8 left
- 5 LF step forward turning 1/8 left
- 6 RF step forward turning 1/8 left
- 7 LF step forward turning 1/8 left
- & RF step beside LF
- 8 LF step forward turning 1/8 left (facing 12.00)

Section 3: Side rock step right, recover, weave left, side rock step left, recover, turn ¼ left, coaster step

- 1 RF rock step right
- 2 Recover onto LF (weight on LF)
- 3 RF step behind LF
- & LF step left
- 4 RF step in front of LF
- 5 LF rock step left
- 6 Recover onto RF (weight on RF)
- 7 Turn ¼ left on ball of RF (weight on RF) and step LF back (facing 09.00)
- & RF step beside LF
- 8 LF step forward

Section 4: Step forward, touch behind RF, shuffle steps back, step back, touch in front of RF, shuffle steps forward

- 1 RF step forward
- 2 LF touch behind RF (bend your knees slightly to the rhythm)
- 3 LF step back
- & RF step beside LF
- 4 LF step back

- 5 RF step back
- 6 LF touch in front of RF (bend your knees slightly to the rhythm)
- 7 LF step forward
- & RF step beside LF
- 8 LF step forward

Section 5: Steps and shuffle steps walking left in a ½ circle, steps forward, kick ball change, step beside

- 1 RF step forward turning 1/8 left
- 2 LF step forward turning 1/8 left
- 3 RF step forward turning 1/8 left
- & LF step beside RF
- 4 RF step forward turning 1/8 left (facing 03.00)
- 5 LF step forward
- 6 RF step forward
- 7 LF kick forward
- & LF step in place
- 8 RF step beside LF

Section 6: Rock step forward, recover, turn ¼ right, side shuffle steps, rock step forward, recover, coaster step

- 1 RF rock step forward
- 2 Recover onto LF (weight on LF)
- 3 Turn ¼ right on ball of LF and step RF right (facing 06.00)
- & LF step beside RF
- 4 RF step right
- 5 LF rock step forward
- 6 Recover onto RF (weight on RF)
- 7 LF step back
- & RF step beside LF
- 8 LF step forward

Have Fun!
