

# Dancing

拍數: 56      牆數: 2      級數: Improver  
編舞者: Hilary Usher (UK) - February 2018  
音樂: Dancing - Kylie Minogue : (amazon)



**Intro: start on vocals - No Tags Or Restarts!**

**Section 1: Heel hook, step hook, step hook, step hold**

1 2      Touch R heel forward, hook R across L  
3 4      Step R foot forward, hook L behind R  
5 6      Step back on L, hook R foot across L  
7 8      Step R foot forward, hold 1 count

**Section 2: Heel hook, step hook, step hook, step hold**

1 2      Touch L heel forward, hook L across R  
3 4      Step L foot forward, hook R behind L  
5 6      Step back on R, hook L foot across R  
7 8      Step L foot forward, hold for 1 count

**Section 3: Walk forwards RLR swing heels out and in, walk back RLR swing heels out and in**

1 2      Walk forwards RL  
3 & 4      Step onto R and swing both heels out and in  
5 6      Walk backwards RL  
7 & 8      Step back onto R and swing both heels out and in (weight finishing on L)

**Section 4: Cross and heel and cross and heel and cross and heel, heel twists RL (Heel jacks)**

1 & 2&      Cross R over L, step back on L and touch R heel forward, Step R next to L  
3 & 4&      Cross L over R, step back on R and touch L heel forward and step L next to R  
5 & 6&      Cross R over L, step back on L and touch R heel forward and step R next to L  
7 8      Swing both heels R the L (weight finishing on R)

**Section 5: Cross shuffle to Right, rock recover, cross shuffle to L rock ¼ turn to Right**

1 & 2      Cross L over R step R to R side cross L over R  
3 4      Rock R to R side, recover on L  
5 & 6      Cross R over L and step L to side and cross R over L  
7 8      Rock L to L side, recover on R making ¼ turn to R (facing 3 o'clock)

**Section 6: Full Turn, forward shuffle, rock recover triple full turn**

1 2      Step L R making full turn over L shoulder (Easy option – walk LR)

**Optional lasso arm movement!**

3 & 4      Shuffle forwards LRL  
5 6      Rock forward onto R recover onto L  
7 & 8      Triple full turn over R shoulder (Easy option – triple step in place)

**Section 7: Rock forward recover, ¾ triple turn L, walk R L kick out out**

1 2      Rock forward onto L recover on R  
3 & 4      ¾ triple turn L stepping LRL Facing 6 o'clock  
5 6      Walk forwards RL  
7 & 8      Kick R foot diagonally forward and step out R and step out L (weight finishing on L)

**START OVER – No tags or restarts**

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