

She's a Thrilla

COPPER KNOB
BY STEPHEN BETTS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Trevor Thornton (USA) & Dustin Betts (USA) - February 2018
音樂: She's a Thrilla (feat. Seven) - J. Young



Count In: 16 ct intro

[1 – 8] STOMP (OUT) X3, BALL POINT & POINT & HEEL & HEEL, CHEST POP

1 2 Pick R foot up, stomp R to R (1), pick L foot up, stomp L to L (2). 12
3 & 4 Pick R foot up, stomp R to R (3), step L next to R (&), point R to R (4). 12
& 5 & 6 Step R next to L (&), point L to L (5), step L next to R (&), put R heel fwd (6). 12
& 7 & 8 Step R next to L (&), put L heel fwd (7), Push chest out (&), pull chest back (8). 12

Styling For stomps, you can flick opposite foot. If you rather not chest pop, Hold for “&8”

[9 – 16] BALL STEP, MAMBO, ¼ WEAVE, ¼ STEP, ¼ HEEL SWIVELS, HITCH.

& 1 2 & Step L next to R (&), step fwd on R (1), rock fwd on L (2), recover weight back to R (&). 12
3 4 & 5 Step back on L (3), step back on R (4), step L to L making ¼ turn L (&), cross R over L (5). 9
6 7 & 8 Step a ¼ turn L w/L (6), while making a ¼ turn L stepping R to R, bring L to R and swivel both heels R (7), twist both toes R (&), twist R heel to the R, while hitching L knee up (8). 3

[17 – 24] STEP BEHIND, STEP TO DIAGONAL, ROCK RECOVER, ½ TURN, ¼ TURN, CROSSING SCHUFFLE.

1 2 Step L behind R (1), Step 1/8 to R w/R (2). (Should be on a diagonal) 5:30
3 & 4 Rock fwd on L (3), recover weight to R (&), step L fwd making a 3/8 turn to L (4) 12
5 6 ½ turn L stepping back on R (5), ¼ turn L, stepping L to L (6). 3
7 & 8 Cross R over L (7), step L to L (&), cross R over L (8). 3

[25 – 32] ¼ TURN, CAMEL WALKS, STEP 3/8, W/COLLECT, STEP FWD, 1/8 TURN, ½ TURN, STEP, POINT R BEHIND.

1 2 Making a ¼ turn L, take weight on L, pop R knee (1), take weight on R, pop L knee (2). 12
3 & 4 Step fwd on L (3), Making a 3/8 turn to the L, step back on R (&), step together w/L (4). 7:30
5 6 Step fwd (on diagonal) with R (5), 3/8 turn R, stepping back on L (6). 12
7&8 ½ turn R, stepping on R (7), step fwd on L (&), point R behind behind L (8). **Re-Start on 5th wall** 6

[33 – 40] SLIDE, DRAG, BALL WALK X2, ½ CHASE TURN L, KICK BALL POINT.

1 2 & 3 Slide R w/R (1), drag L into R (2), step L next to R (&), step fwd on R (3). 6
4 5 & 6 Step fwd on L (4), step fwd on R (5) pivot a ½ turn L, stepping on L(&), step fwd on R (6). 12
7 & 8 Kick L fwd (7), take weight on R (&), point L to L (8). 12

[41 – 48] SWAY L, SWAY R, ¼ TURN L, ¼ TURN LEFT, SYNCOPATED WEAVE, STEP OUT, HEEL POP.

1 2 Take weight on L, swaying hips L (1), take weight on R, swaying hips on R (2). 12
3 4 Step L making ¼ turn L (3), ¼ to L, stepping R to R (4). 6
5 & 6 Step L behind R (5), step R to R (&), cross L over R (6). 6
7 & 8 Step R to R (7), raise both heels up (&), drop both heels down (8). **Tag at the end of the 4th rotation** 6

Tag will happen at the end of the 4th rotation facing 12:00. Repeat the last 16 cts of the dance.
Dance that wall up to 32 counts and Re-start the dance facing 6:00.

Have fun!

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