

Dame Tu Amor He Ho He Ho He Ho

COPPER KNOB
BY STEPHEN

拍數: 64 牆數: 1 級數: Improver
編舞者: Val Saari (CAN) - February 2018
音樂: Dame Tu Amor - EL-B : (iTunes)



S1: WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

S2: SIDE MAMBO RIGHT, LEFT, STEP-PIVOT 1/4 LEFT TWICE

1&2 RF Rock side right, LF recover, RF close together beside L & hold
3&4 LF Rock side left, RF recover, LF close together beside R & hold
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

S3: WALK FORWARD, MAMBO FORWARD, WALK BACK, MAMBO BACK

1-2 Walk forward, RF, LF
3&4 Rock forward on RF, Recover LF, Step back on RF
5-6 Walk back, LF, RF
7&8 Rock back on LF, Recover RF, Step LF beside right

S4: SIDE MAMBO RIGHT, LEFT, STEP-PIVOT 1/4 LEFT TWICE

1&2 RF Rock side right, LF recover, RF close together beside L & hold
3&4 LF Rock side left, RF recover, LF close together beside R & hold
5-6 Step RF forward, Pivot 1/4 turn left (weight on left)
7-8 Step RF forward, Pivot 1/4 turn left (weight on left)

S5: SHUFFLE RIGHT WITH TRIPLE STEP, SHUFFLE LEFT WITH TRIPLE STEP

1-2 Step RF right, Step LF beside right
3&4 Step RF right, Step LF beside right, Step RF right
5-6 Step LF left, Step RF beside left
7&8 Step LF left, Step RF beside left, Step LF left

S6: 4 SIDE TOUCHES (R,L,R,L)

1-4 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF
5-8 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF

S7: LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

S8: 4 SIDE TOUCHES (R,L,R,L)

1-4 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF
5-8 Step RF to right/Touch LF beside Right, Step LF to left, Touch RF beside LF

REPEAT, NO TAGS, NO RESTARTS