

# Freak Out

拍數: 64      牆數: 4      級數: Intermediate  
編舞者: Robbie McGowan Hickie (UK) - February 2018  
音樂: Freak Out - Måns Zelmerlöw : (CD: MZW)



(16 Count intro)

Music also Available on Download from iTunes & [www.amazon.co.uk](http://www.amazon.co.uk)

**S1: 2 x Walks Forward. & 2 x Walks Forward. Forward Rock. Left Coaster Cross.**

1 – 2            Walk forward on Right. Walk forward on Left.  
&3 – 4        Step Right beside Left. Walk forward on Left. Walk forward on Right.  
5 – 6        Rock forward on Left. Rock back on Right.  
7&8        Step back on Left. Step Right beside Left. Cross step Left over Right.

**S2: Side Step Right. Together. Right Lock Step Back. Side Step Left. Together. Chasse 1/4 Turn Left.**

1 – 2            Long step Right to Right side. Close Left beside Right.  
3&4        Step back on Right. Lock step Left across Right. Step back on Right.  
5 – 6        Step Left to Left side. Close Right beside Left.  
7&8        Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping forward on Left.

**S3: 2 x 1/2 Turns Left. Forward Rock. 2 x 1/2 Turns Right. Right Coaster Cross.**

1 – 2            Make 1/2 turn Left stepping back on Right. Make 1/2 turn Left stepping forward on Left.  
3 – 4        Rock forward on Right. Rock back on Left.  
5 – 6        Make 1/2 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.  
7&8        Step back on Right. Step Left beside Right. Cross step Right over Left. (Facing 9 o'clock)

**S4: Chasse Left. Back Rock. Right Kick-Ball-Cross x 2.**

1&2        Step Left to Left side. Close Right beside Left. Step Left to Left side.  
3 – 4        Rock back on Right. Rock forward on Left.  
5&6        Kick Right Diagonally forward Right. Step Right beside Left. Cross step Left over Right.  
7&8        Kick Right Diagonally forward Right. Step Right beside Left. Cross step Left over Right.

**S5: 1/4 Turn Right. 1/2 Turn Right. Shuffle 1/2 Turn Right. Step. Pivot 1/4 Turn Right. Left Cross Shuffle.**

1 – 2            Make 1/4 turn Right stepping forward on Right. Make 1/2 turn Right stepping back on Left.  
3&4        Right shuffle making 1/2 turn Right stepping Right. Left. Right. (Facing 12 o'clock)  
5 – 6        Step forward on Left. Pivot 1/4 turn Right.  
7&8        Cross step Left over Right. Step Right to Right side. Cross step Left over Right. (Facing 3 o'clock)

**S6: Right Side Rock. Behind & Cross. Left Side Rock. Left Sailor 1/2 Turn Left.**

1 – 2            Rock Right out to Right side. Recover weight on Left.  
3&4        Cross Right behind Left. Step Left to Left side. Cross step Right over Left.  
5 – 6        Rock Left out to Left side. Recover weight on Right.  
7&8        Cross Left behind Right making 1/2 turn Left. Step Right beside Left. Step forward on Left.

**S7: Forward Rock. & Touch Forward. & Hip Bumps. & 2 x Walks Forward. Right Shuffle Forward.**

1 – 2            Rock forward on Right. Rock back on Left. (Facing 9 o'clock)  
&3        Step back on Right. Touch Left toe forward.  
&4        Bump Left hip up to Left Diagonal. Bring hips down. (Weight on Right)  
&5 – 6        Step Left beside Right. Walk forward on Right. Walk forward on Left.  
7&8        Right shuffle forward stepping Right. Left. Right.

**S8: Forward Rock. Left Shuffle 1/2 Turn Left. Cross. Back. & Cross. Point.**

1 – 2            Rock forward on Left. Rock back on Right.

3&4            Left shuffle making 1/2 turn Left stepping Left. Right. Left.

5 – 6            Cross step Right over Left. Step back on Left.

&7 – 8          Step Right to Right side. Cross step Left over Right. Point Right toe out to Right side. (Facing 3 o'clock)

**Start Again**

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