

Close To My Heart

拍數: 32 牆數: 4 級數: Improver
編舞者: Alison Metelnick (UK) & Peter Metelnick (UK) - February 2018
音樂: Secret - Barbados



Start after 32 count intro – 3mins 05secs – 109bpm

Music Available: Amazon

[1-8] R & L skate fwd, R fwd shuffle, L fwd rock/recover, L back ball touch, R fwd

1-2 Skate R forward, skate L forward
3&4 Step R forward, step L together, step R forward
5-6 Rock L forward, recover weight on R
&7-8 Step L back, touch R together, step R forward

ENDING: On final wall starting facing back wall complete first 8 counts and then step L forward and quickly pivot ½ R to face front wall.

[9-16] L fwd, ½ R pivot turn, L fwd shuffle, L fwd full turn, 2 X 1/8L hitch turns (paddle turns)

1-2 Step L forward, pivot ½ right
3&4 Step L forward, step R together, step L forward
5-6 Turning ½ left step R back, turning ½ left step L forward (6 o'clock)
&7 Turning 1/8 L hitch R knee, touch R side
&8 Turning 1/8 L hitch R knee, touch R side (3 o'clock)

[17-24] R & L samba, R cross rock/recover, R chassé

1&2 Cross step R over L, rock L side, recover weight on R
3&4 Cross step L over R, rock R side, recover weight on L

Wall 3 - Restart: Dance first 20 counts to face left side wall and begin again

5-6 Cross rock R over L, recover weight on L
7&8 Step R side, step L together, step R side

[25-32] L cross rock/recover, L ball cross weave, L side rock/recover, L coaster

1-2 Cross rock L over R, recover weight on R
&3&4 Step L side, cross step R over L, step L side, cross step R behind L
5-6 Rock L side, recover weight on R
7&8 Step L back, step R together, step L forward (3 o'clock)

Wall 7 - TAG: Complete wall 7 to face left side wall, and add the following 4 count Tag.

Begin dance again facing front wall.

1-4 Step R forward, pivot ¼ left, step R forward, pivot ½ left (12 o'clock)

Please Note: we like to check and approve all Videos of our dances before they are linked to this site.- A&P