

Got This

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Gwen Walker (USA) - February 2018
音樂: I Got This - Jerrod Niemann



#16 count intro No Tags No Restarts

[1-8] Touch forward back, triple forward, step ¼ turn , triple forward

1-2 Touch L toe forward, touch L toe back
3&4 Step L forward, step R beside L, step L forward
5-6 Step R forward pivot ¼ to left, shift weight to L. (9:00)
7&8 Step R forward , step L beside R, step R forward.

[9-16] Rock L forward recover, coaster, R step ¼ turn x 2

1-2 Rock forward onto L, recover back on R.
3&4 Step L back, step R back beside L, step L forward
5-8 Step R forward pivot ¼ to left (6:00), step R forward pivot ¼ to left (3:00)

[17-24] R triple forward, L step ¼ turn, L triple forward, R step ¼ turn

1&2 Step R forward, step L beside R, step R forward.
3-4 Step L forward pivot ¼ to right, shift weight to R (6:00)
5&6 Step L forward, step R beside L, step L forward
7-8 Step R forward pivot ¼ to left, shift weight to L (3:00)

[25-32] Heel switches, walk, walk, Heel switches, step touch

1&2& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
3-4 Walk forward R, L (small steps)
5&6& Touch R heel forward, step R beside L, touch L heel forward, step L beside R
7-8 Step R forward, touch L beside R.(3:00)

Ending: Dance ends at the end of 10th wall facing 6:00, on the last two counts step R forward pivot ½ turn to left facing 12:00.

Have fun, Dance from the Heart with JOY.

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