

Mas, Te Quiero Mas

COPPERKNOB
STEPSHEETS

拍數: 112 牆數: 1
編舞者: Montse Bou (ES) - December 2017
音樂: Te Quiero Más - Fórmula Abierta

級數: Phrased Beginner



SEQUENCE: A BB C DDDD / A BB C DDDD / A C DDD D (Last D - End on count 14)

INSTRUMENTAL INTRO:

i1: 1/4 TURN RIGHT AND STEPS + TOGETHER (x4)

[1-8] 1/4 turn to the right and R-step forward, close Left together (X4) -facing 03.00-In the meantime make waves with your hands

i2: 1/2 TURN LEFT AND STEPS + TOGETHER (X4), 1/4 TURN RIGHT

[9-16] 1/2 turn to the left and L-step forward, close Right together (X4) -facing 09.00- In the meantime make waves with your hands

Last count (c.16) 1/4 turn right, to the front wall (12.00)

PART A: 32 counts

A1: VINE 8 C. TO THE RIGHT, END. L-HEEL (+CLAP)

1-4 Step right side, cross left behind, step right side, cross left over

5-8 Step right side, cross left behind, step right side, Touch left Heel diagonal left (& Clap)

A2: VINE 8 C. TO THE LEFT, END. R-HEEL (+CLAP)

9-12 Step left side, cross right behind, step left side, cross right over

13-16 Step left side, cross right behind, step left side, Touch right Heel diagonal right (& Clap)

A3: 1/4 TURN RIGHT & SHUFFLES FWD (X3: R, L, R), STEP L, 1/2 TURN R

17&18 Turn a 1/4 to the right and step right fwd, step left beside right, step right forward (03.00)

19&20 Step left fwd, step right beside left, step left forward

21&22 Step right fwd, step left beside right, step right forward

23-24 Step left forward, 1/2 turn right (weight on right) (09.00)

A4: SHUFFLES FWD (X3: L, R, L), STEP R, 3/4 TURN L

25&26 Step left fwd, step right beside left, step left forward

27&28 Step right fwd, step left beside right, step right forward

29&30 Step left fwd, step right beside left, step left forward

31-32 Step right forward, 3/4 turn left (weight on left) (12.00)

PART B: 32 counts

B1: DIAGONAL RIGHT & LEFT SHUFFLES FORWARD, 4 STEPS IN PLACE

1&2 Step right diagonally forward, step left beside, step right diagonally forward

3&4 Step left diagonally forward, step right beside, step left diagonally forward

5-8 4 Steps in place R-L-R-L

B2: DIAGONAL RIGHT & LEFT SHUFFLES BACKWARD, 4 STEPS IN PLACE

9&10 Step right diagonally backward, step left beside, step right diagonally backward

11&12 Step left diagonally backward, step right beside, step left diagonally backward

13-16 4 Steps in place R-L-R-L

B3: RIGHT SIDE STEPS + TOGETHER (x2)

LEFT SIDE STEPS + TOGETHER (x2)

17-18 Step right to the side, step left together

19-20 Step right to the side, step left together

21-22 Step left to the side, step right together

23-24 Step left to the side, step right together

B4: FULL PADDLE TURN LEFT (ROLLING HANDS UP)

Lift both arms and make Turns every 2 counts

25-26 Step right forward, 1/4 turn left (weight on left) (09.00)

27-28 Step right forward, 1/4 turn left (weight on left) (06.00)

29-30 Step right forward, 1/4 turn left (weight on left) (03.00)

31-32 Step right forward, 1/4 turn left (weight on left) (12.00)

PART C: 32 counts

IN PLACE - MOVEMENTS WITH ARMS: L, R, BOTH, SWINGING ARMS

Stand in Center - Feet lightly separated - Change continuously the weight from one leg to the other (Bumps)

1-8 Lift left arm forward (4 counts) and then lower it (4 counts)

9-16 Lift right arm forward (4 counts) and then lower it (4 counts)

17-24 Lift both arms laterally and then lower them

25-26 Swing both arms to the right, Hold

27-28 Swing both arms to the left, Hold

29-30 Swing both arms to the right, Swing both arms to the left,

31-32 Swing both arms to the right, Hold

PART D - STEPS EXTRACTED FROM THE ORIGINAL CHOREOGRAPHY OF THE VIDEO-SONG

D1: CROSS ROCK STEP (R), CHASSE (R), DOUBLE CROSS ROCK (L) DIAGONAL RIGHT

1-2 Cross-rock right, recover to left (swing right arm)

3&4 Step right side, step left together, step right side

5-6 Cross-rock left, recover to right

7-8 Recover to left, recover to right

D2: CROSS LEFT, R-SIDE STEP BACK (DIAGONAL LEFT), CROSS ROCK STEP (L), 1/4 TURN LEFT & STEPS FWD L-R, SHUFFLE FWD L-R-L (ending 1/4 TURN R)

9-10 Recover to left, step right to right side

11-12 Recover to left, recover to right

13-14 1/4 turn to the left an step left forward, step right fwd

15&16 Step left forward, left beside, step left forward (on count 16, 1/4 turn facing 12.00)

REPEAT

Contact: montsebou@gmail.com
