Story Of A Heart

級數: Improver

編舞者: Frank Heelan (IRE) - February 2018

音樂: Story of a Heart (7th Heaven Radio Mix) - Steps

Sec. 1: Modified figure of eight

拍數: 32

- 1-2 Step right to right, left behind (12.00)
- 3-4 Turn ¼ right step forward right, step forward left (3.00)
- 5-6 Pivot ½ right (9.00) turn ¼ right stepping left to left (12.00)
- 7-8 Step right behind left, turn ¼ left stepping left forward (9.00)

Sec. 2: Step lock, step lock step, rock recover chasse 1/4 turn

- 1-2 Step right forward, lock left behind.
- 3&4 Step right forward, lock left behind, step right forward (9.00)
- 5-6 Rock left forward, recover to right.
- 7&8 Turn ¼ left stepping left to left, right together, left to left. (6.00)

Sec. 3: cross side, sailor step, cross, side rock recover, cross.

- 1-2 Cross right over left, step left to side.
- 3&4 Step right behind, recover to left, step right to right.
- 5-6 Cross left over right, step right to right
- 7-8 Recover to left, cross right over left. (6.00)

Sec. 4: Side rock, back rock, step pivot ¼ shuffle forward.

- 1-2 Rock left to side, recover to right.
- 3-4 Rock back on left, recover to right.
- 5-6 Rock left to left side, recover to right turning ¼ right.
- 7&8 Step forward left, right together, forward left. (9.00)

TAG: There is a 6 count Tag on wall 9 after 24 counts facing 6.00.

Rock step, coaster step, side rock recover.

- 1-2 Rock left forward, recover to right.
- 3&4 Step back left, back right, forward left
- 5-6 Rock right to right, recover to left. (Begin dance again facing 6.00)

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牆

牆數:4