

Not Paradise EZ

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 2 級數: Beginner Contra
編舞者: Maryse Fourmage (FR) & Angéline Fourmage (FR) - February 2018
音樂: Can't Go to Hell - Sin Shake Sin



Start : 16 counts - 3 Restart

[1-8] : 3x Walks fwd, 3x Walks back, touch

1,2,3,4 RF Forward, LF Forward, RF Forward , Touch LF next to RF
5,6,7,8 LF Back, RF Back, LF Back, touch RF next to LF

[9-16] : Chassé R, Stompx2, Chassé L, Stompx2

1&2,3,4 RF to the R side, LF next to RF, RF to the R side, Stomp L, Stomp R
5&6,7,8 LF to the L side, RF next to LF, LF to the L side, Stomp R, Stomp L

Restart – Wall 1 and Wall 8

[17-24] : Stomp Bounce R, Stomp Bounce L

1&2& Stomp R forward, raise R heel up, drop R heel to the ground , raise R heel up
3&4& Drop R heel to the ground, raise R heel up, drop R heel to the ground, next to LF

Restart – Wall 10

5&6& Stomp L forward, raise R heel up, drop L heel to the ground, raise L heel up
7&8 Drop L heel to the ground, raise L heel up, drop L heel to the ground

[25-32] Jazz-Box With 1/2 R, Together, Rocking-Chair

1-2 Cross RF over LF, LF to the back with 1/4 turn R
3-4 RF to the R side with 1/4, Step LF together
5-6-7-8 Rock RF forward, recover on LF, rock RF back, recover on LF

***Restart 1 : After 16 count (Wall 4)**

***Restart 2 : After 16 count (Wall 8)**

***Restart 3 : After 20 count (Wall 10)**

Smile and enjoy the dance

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