

Tip Toe

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Anna Oldberg (SWE) - January 2018
音樂: Tip Toe (feat. French Montana) - Jason Derulo : (Spotify)



Sequence: 64, Tag, 64, 32*, Tag, 64, 64, 32*, 64, Tag**, 64, 32
Intro: 8 counts

(S1) 1 – 8 Toe, Toe, Back, Back, Back rock, Recover, Step, Hold

1, 2, 3, 4 On toes step Rf slightly diagonally forward (1), on toes step Lf slightly diagonally forward (2),
Rf step back to center (3), Lf step together (4)
5, 6, 7, 8 Rock back on Rf (5), recover on Lf (6), step Rf forward (7), hold (8)

(S2) 1 – 8 Rock, Recover, Back, Drag, Together, ¼, Recover, Hitch

1, 2, 3, 4 Rock Lf forward (1), recover on Rf (2), step Lf a little longer step back (3), drag Rf towards Lf
(4)
5, 6, 7, 8 Step Rf in place (5), turn ¼ left stepping Lf to left side (6), recover on Rf (7), hitch Lf (8)

(S3) 1 – 8 Toe, Toe, Back, Back, ½ Chase, Hold

1, 2, 3, 4 On toes step Lf slightly diagonally forward (1), on toes step Rf slightly diagonally forward (2),
Lf step back to center (3), Rf step together (4)
5, 6, 7, 8 Step Lf forward (5), turn ½ right stepping down on Rf (6), step Lf forward (7), hold (8)

(S4) 1 – 8* Triple turn, Hold, Chassé, Hold

1, 2, 3, 4 Turn ½ left stepping back on Rf (1), turn ½ left stepping slightly forward on Lf (2), turn 1/8 left
stepping Rf to right side (3), hold (4)
5, 6, 7, 8 Step Lf to left side (5), step Rf together (6), step Lf to left side (7), hold (8)
Restart/Tag/Ending*

(S5) 1 – 8 Jazzbox ¼, Jump, Jump, Mambo

1, 2, 3, 4, 5 Cross Rf over Lf (1), step back on Lf (2), ¼ right stepping Rf to right side (3), jump left on Lf
while hitching right leg towards the right diagonal (4), jump left on Lf while hitching right leg
towards the right diagonal (5)
6, 7, 8 Rock Rf forward (6), recover on Lf (7), step Rf together (8)

(S6) 1 – 8 Jazzbox ¼, Jump, Jump, Mambo

1, 2, 3, 4, 5 Cross Lf over Rf (1), step back on Rf (2), ¼ left stepping Lf to left side (3), jump right on Rf
while hitching left leg towards the left diagonal (4), , jump right on Rf while hitching left leg
towards the left diagonal (5)
6, 7, 8 Rock Lf forward (6), recover on Rf (7), step Lf together (8)

(S7) 1 – 8 Toe, Toe, Back, Back, Slide, ¼ slide, ¼ slide, Hold

1, 2, 3, 4 On toes step Rf slightly diagonally forward (1), on toes step Lf slightly diagonally forward (2),
Rf step back to center (3), Lf step together (4)
5, 6, 7, 8 Slide Rf to right side (5), ¼ left sliding Lf to left side (6), ¼ left sliding Rf to right side(7), Hold
(8)

(S8) 1 – 8 Step, Hitch, Back, Hitch, Coasterstep, Hold

1, 2, 3, 4 Facing left diagonal step Lf to left side (1), hitch right leg (2), still facing the left diagonal step
Rf to the side (3), hitch left leg while turning 1/8 left squaring up to the 6 o'clock wall (4)
5, 6, 7, 8 Step Lf back (5), step Rf together (6), step Lf forward (7), hold (8)

TAG Steps

(T1) 1 – 8 Behind, Sweep, Behind, Side, Cross, Sweep, ½ Pivot

- 1, 2, 3, 4 Rf step behind Lf (1), sweep Lf from front to back (2), step Lf behind Rf (3), step Rf to right side (4)
- 5, 6, 7, 8 Cross Lf over Rf (5), sweep Rf from back to front (6), step Rf forward (7), turn ½ left stepping Lf slightly forward (8)

(T2) 1 – 8 Cross, Sweep, Cross, Side, Behind, Sweep, Behind, Side**

- 1, 2, 3, 4 Cross Rf over Lf (1), sweep Lf from back to front (2), cross Lf over Rf (3), step Rf to right side (4)
- 5, 6, 7, 8 Step Lf behind Rf (5), sweep Rf from front to back (6), step Rf behind Lf (7), step Lf to left side (8)

***= On third wall after 32C you do the tag and then restart the dance. On sixth wall you dance 32C and then restart the dance.**

****= The last (third) time you do the tag, the music and singing slow down and stop at the end. To fit with the music, the very last step of the tag (stepping Lf to left side) should be slow and may very well be a little “hitch-like” before stepping down.**

Ending: On the last wall, dance up to and including section 4. You will be facing 6:00. Then turn ½ right stepping on toes of Rf diagonally forward (1), step Lf diagonally forward (2). The song finishes with the words ‘tip toe’.

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