Red Velvet Baby Seat



拍數: 48 牆數: 4 級數: Improver

編舞者: Malene Jakobsen (DK) - February 2018

音樂: Red Velvet Seat - Aloe Blacc: (Album: Lift Your Spirit - iTunes - 3:24)



Intro: 24 counts from the beginning, 11 sec. into track - dance begins with weight on R

[1-6] L basic fwd., R basic back

1-2-3 (1) Step fwd. on L, (2) step R next to L, (3) change weight to L - 12.00 4-5-6 (4) Step back on R, (5) step L next to R, (6) change weight to R - 12.00

[7-12] Fwd. with sweep, R twinkle 1/4

1-2-3 (1-2-3) Step fwd. on L sweeping R from back to front - 12.00

4-5-6 (4) Cross R over L, (5) turn 1/4 R stepping back on L, (6) step R to R - 3.00

[13-18] Cross, kick, behind side cross

1-2-3 (1) Cross L over R, (2-3) kick R diagonally R over 2 counts - 3.00
4-5-6 (4) Cross R slightly behind L, (5) step L to L, (6) cross R over L - 3.00

[19-24] Side, drag, chasse

1-2-3 (1) Step L to L, (2-3) drag R towards L over 2 counts - 3.00 4-5-6 (4) Step R to R, (5) step L next to R, (6) step R to R - 3.00

[25-30] L twinkle, R twinkle

1-2-3 (1) Cross L over R, (2) step R diagonally fwd. R, (3) step L diagonally fwd. L - 3.00 4-5-6 (4) Cross R over L, (5) step L diagonally fwd. L, (6) step R diagonally fwd. R - 3.00

[31-36] Cross, point, hold, 1/2, point, hold

1-2-3 (1) Cross L over R, (2) point R to R, (3) hold - 9.00

4-5-6 (4) Turn 1/2 R stepping R next to L, (5) point L to L, (6) hold - 9.00

[37-42] L twinkle, R twinkle

1-2-3 (1) Cross L over R, (2) step R diagonally fwd. R, (3) step L diagonally fwd. L - 9.00 4-5-6 (4) Cross R over L, (5) step L diagonally fwd. L, (6) step R diagonally fwd. R - 9.00

[43-48] Cross, back, back, coaster step

1-2-3 (1) Cross L over R, (2) turn 1/4 L stepping back on R, (3) step back on L - 6.00 4-5-6 (4) Step back on R, (5) step L next to R onto L, (6) step fwd. on R - 6.00

Contact: lovelinedance@live.dk