

Could It Be Us

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Intermediate
編舞者: Julia Wetzel (USA) - February 2018
音樂: Us - Jennifer Lopez



Intro: 16 counts, start on first heavy beat with lyrics "warning" (8 sec. into track)

[1 – 8] Cross Rock & Cross Rock, ¼ Jazz Box

1, 2& Cross rock R over L (1), Recover on L (2), Step R next to L (&) 12:00
3, 4& Cross rock L over R (3), Recover on R (4), Step L next to R (&) 12:00
5 - 8 Cross R over L (5), ¼ Turn right step L back (6), Step R to right side (7), Step L fw (8) 3:00

[9 – 16] Stationary Samba Walk, Cross, ¼ Back, Touch & Touch

1&2 Rock ball of R back (1), Recover on L (&), Step R next to L (2) 3:00
3&4 Rock ball of L back (3), Recover on R (&), Step L next to R (4) 3:00
5, 6 Cross R over L (5), ¼ Turn right step L back (6) 6:00
7&8& Touch R in front of L (7), Step R next to L (&), Touch L in front of R (8), Step L next to R (&) 6:00

***Restart here on Wall 5 facing 6:00**

[17- 24] Prissy Walk (4x), Cross Samba (2x)

1 - 4 Step R fw cross L (1), Step L fw cross R (2), Step R fw cross L (3), Step L fw cross R (4)
Optional Styling: Lower body as you start (1-2), rise up as you walk and bring arms up and out (3-4) 6:00
5&6 Cross R over L (5), Rock L to left side (&), Recover on R (6) 6:00
7&8 Cross L over R (7), Rock R to right side (&), Recover on L (8) 6:00

[25 – 32] Rock, Full Turn, Out, Out, Cross, Flick

1, 2 Rock R fw (1), Recover on L (2) 6:00
3&4 Triple full turn right stepping R L R

Non-Turning Option: R Coaster 6:00

5 - 8 Step L back to left side (5), Step R to right side (6), Cross L over R (7), Turn body to left diag. and flick R heel out (8) 6:00

[33 – 40] Cross, Side, ¼ Sailor, Step, ¼ Side, ¼ Sailor

1, 2 Cross R over L (1), Step L to left side (2) 6:00
3&4 ¼ Turn right step R behind L (3), Step L slightly to left side (&), Step R fw (4) 9:00
5, 6 Step L fw (5), ¼ Turn left step R to right side (6) 6:00
7&8 ¼ Turn left step L behind R (7), Step R slightly to right side (&), Step L fw (8) 3:00

[41 – 48] Kick (2x), Coaster, Rock, ¼ Shuffle

1, 2 Kick R fw twice (1-2) 3:00
3&4 Step R back (3), Step L next to R (&), Step R fw (4) 3:00
5, 6 Rock L fw (5), Recover on R (6) 3:00
7&8 ¼ Turn left step L to left side (7), Step R next to L (&), Step L to left side (8) 12:00

[49 – 64] Repeat Counts [33 – 48] (starting at 12:00 and ending at 6:00)

Restart On Wall 5 dance up to Count 16& then start Wall 6 facing 6:00

Ending Finish Wall 6 facing 12:00 then Repeat Counts 33 – 64

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